

# Welcome to Kwan Thai Restaurant

14 St Nicholas St – Ipswich – 01473 253106

21a New St – Woodbridge – 01394 388338

We hope you enjoy your meal here, all our dishes are cooked to order, we endeavour to be as quick as possible but please be patient if there is an unavoidable delay

The set menu's show a good selection of our dishes, the set menu is flexible if you want to change some of the dishes you can (there is an additional charge if you choose to replace something with a more expensive dish)

Please let the waiting staff know if you have an allergy or a dislike to any particular food - not all ingredients are listed.

[www.kwanthairestaurant.com](http://www.kwanthairestaurant.com)

Don't forget we do takeaway as well (10% discount for takeaway)



**MONSOON  
VALLEY**  
WINE OF THAILAND  
**set menu's**



## A. For 2 people - £12.95 per person

Spicy Chicken wrapped in Spinach leaves

Chicken stir fried with baby sweet corn  
Pork stir fried with chilli & Thai basil  
Phad Thai  
Steamed rice

## C. For 3 people - £14.95 per person

Beef and Chicken Satay  
Spicy Chicken wrapped in Spinach leaves

Chicken fried with garlic & soy sauce  
Prawn stir-fried with chilli's and onion  
Sautéed beef with salted black bean  
Pork stir-fried with ginger and mushrooms  
Phad Thai  
Steamed rice

## E. For 4 people - £15.95 per person

Prawn Spring rolls  
Beef and Chicken Satay

Weeping tiger  
Broccoli stir fried with prawns in a special sauce  
Pork stir fried with chilli & Thai basil  
Chicken panang  
Meegrorp  
Phad Thai  
Egg fried rice

## B. For 2 people - £14.75 per person

Beef and Chicken Satay

Red or Green Chicken curry  
Crispy fried Cod topped with fresh vegetables  
and pork slices  
Meegrorp  
Steamed rice

## D. For 3 people - £15.95 per person

Sesame Prawn toast  
Fried Chicken in a Thai red wine sauce

Weeping tiger  
Chicken musman curry  
Chicken fried with cashew nuts and chilli  
Prawn stir fried with chilli & Thai basil  
Phad Thai  
Egg fried rice

## F. For 4 people - £16.95 per person

Sesame Prawn Toast  
Fried Chicken in a Thai red wine sauce

Weeping tiger  
Red or Green Chicken curry  
Prawn stir fried with asparagus  
Pork stir fried with pepper and garlic  
Duck fried with mushrooms in soya sauce  
Phad See Ew  
Steamed rice

**G. For 2 people - £17.95 per person**

Kwan Thai recommend (selection of our starters)

Sweet & sour Chicken  
Bangkok Pork  
Beef in chilli & Onion  
Phad Thai  
Steamed rice

**I. For 3 people - £17.95 per person**

Kwan Thai recommend  
(selection of our starters)

Weeping tiger  
Sweet & sour chicken  
Prawn stir fried with Cashew Nuts  
Pork stir fried with chilli & Thai basil  
Phad Thai  
Steamed rice

**K. For 4 people - £17.95 per person**

Kwan Thai recommend (selection of our starters)

Weeping tiger  
Chicken stir fried with cashew nuts  
Sweet & sour Chicken  
Duck fried with mushrooms in soy sauce  
Pork stir-fried with chilli paste  
Prawn stir fried with chilli & Thai basil  
Phad Thai  
Egg fried rice

**H. For 2 people - £17.95 per person**

Kwan Thai recommend (selection of our starters)

Weeping tiger  
Chicken or Lamb musman curry  
Phad See Ew  
Chicken fried rice

**J. For 3 people - £17.95 per person**

Kwan Thai recommend  
(selection of our starters)

Weeping tiger  
Chicken musman curry  
Bangkok Pork  
Prawn stir fried with chilli & Thai basil  
Phad See Ew  
Steamed rice

**L. For 4 people - £17.95 per person**

Poh Taek Tom Yum soup (hot and sour seafood soup)

Weeping tiger  
Chicken fried in Garlic & soy sauce  
Bangkok Pork  
Prawn stir fried with broccoli  
Chicken Panang  
Meegrorp  
Phad See Ew  
Steamed rice

## vegetable set menu

**M. For 2 people - £16.95 per person**

Kwan Thai recommend  
(selection of our starters)

Sweet & sour  
Panang  
Stir fried mushrooms and sweetcorn with onion & chilli  
Phad Thai  
Steamed rice

**O. For 4 people - £16.95 per person**

Kwan Thai recommend (selection of our starters)

Sweet & sour  
Panang  
Stir fried mushrooms and sweetcorn with onion & chilli  
Vegetables stir fried with ginger & mushrooms  
Stir fried mix vegetables in soya sauce  
Mee grorp  
Phad Thai  
Egg fried rice

**N. For 3 people - £16.95 per person**

Kwan Thai recommend (selection of our starters)

Sweet & sour  
Vegetables stir fried with ginger & mushrooms  
Stir fried mushrooms & sweetcorn with onion & chilli  
Red or Green curry  
Phad See Ew  
Egg fried rice

**P. For 4 People - £16.95 per person**

Mushroom Tom Yum Soup  
(hot and sour soup)

Sweet & sour  
Panang  
Stir fried mushrooms and sweetcorn with onion & chilli  
Red or Green curry  
Stir fried mix vegetables in soya sauce  
Mee grorp  
Phad See Ew  
Egg fried rice

## STARTERS

- |    |   |              |        |
|----|---|--------------|--------|
| 1. | <b>Kwan Thai's Recommendation</b> – A selection of our starters, comprising of Prawn spring rolls, Aromatic Chicken, satay, fried chicken in a Thai red wine sauce, sesame prawn toast. | For 2 people | £12.95 |
| 2. | <b>Gai Hor Baituey</b> (Aromatic Chicken wrapped in Spinach leaves) – Chicken marinated in chilli sauce and sesame oil, wrapped in spinach leaves and served with sweet and sour sauce. |              | £4.35  |
| 3. | <b>Bpor Bpee-a Tort (Whole Prawn Spring rolls)</b> – Deep-fried minced prawn and chicken, wrapped in pastry leaves.   |              | £4.45  |
| 4. | <b>Ka Nom Bpung Na Goong</b> - Sesame prawn toast.  |              | £4.45  |
| 5. | <b>Crispy Fried Pasta</b> - Deep fried wonton with a touch of minced pork   |              | £3.55  |
| 6. | <b>Satay Neua/Gai</b> – Grilled strips of marinated beef or chicken with a delicious peanut sauce and cucumber salad.   |              | £4.35  |
| 7. | <b>Gai lao Dairng</b> – Fried chicken in a Thai red wine sauce.   |              | £4.95  |
| 8. | <b>Bpet op gah-fair</b> – Baked crispy duck served with a special coffee sauce.   | Half         | £11.95 |
|    |   | Whole        | £22.95 |
| 9. | <b>Goong Tort</b> - King Prawn deep fried in breadcrumbs  |              | £5.45  |

## SOUP

- |     |   |              |        |
|-----|---|--------------|--------|
| 10. | <b>Tom Yum Poh Taek</b> – Popular hot and sour seafood soup flavoured with lemongrass and lime leaves. (medium – hot) | For 1 person | £5.75  |
|     |   | For 2 People | £10.75 |
|     |   | For 4 People | £19.95 |
| 11. | <b>Tom Yum</b> – Hot and sour soup. (medium – hot)  | Chicken      | £4.55  |
|     |   | Prawn        | £4.85  |
| 12. | <b>Tom Kha</b> – Mild Soup cooked with mushrooms and Galanga in coconut milk.   | Chicken      | £4.55  |
|     |   | Prawn        | £4.85  |
| 13. | <b>Soup Kao Poht Neua Bpoo</b> – Corn soup with crabmeat and scrambled eggs.  |              | £5.55  |
| 14. | <b>Gairng Jeut Woonsen Mou Sup</b> – Minced pork and vermicelli soup.   |              | £5.55  |

## vegetable starter

- |     |  |              |        |
|-----|--|--------------|--------|
| 15. | <b>Kwan Thai's Vegetable Recommendation</b> – Vegetable spring roll, crispy fried pasta, crispy fried baby sweetcorn, crispy fried mixed vegetables. | For 2 People | £11.95 |
| 16. | <b>Bpor Bpee-a Tort (Vegetable Spring Roll)</b> – Vermicelli and vegetables wrapped in a deep-fried pastry.  |              | £3.95  |
| 17. | <b>Crispy Fried Pasta</b> - Deep fried wonton  |              | £3.35  |
| 18. | <b>Nor Mai Talay Nam Dairng</b> – Asparagus cooked with spinach and Chinese black mushrooms in Thai brown sauce                                      |              | £5.95  |
| 19. | <b>Puk Tort</b> – Crispy fried mixed vegetables.   |              | £3.95  |

## vegetable soup

- |     |  |  |       |
|-----|--|--|-------|
| 20. | <b>Gairng Jeut Puk</b> – Mixed vegetable soup.   |  | £3.95 |
| 21. | <b>Tom Yum Hed</b> – Mushroom hot and sour soup flavoured with lemon grass. (Medium – hot).      |  | £4.25 |
| 22. | <b>Soup Khao Poht</b> – Corn soup with egg and soya sauce.                                       |  | £4.25 |
| 23. | <b>Gairng Jeut Dow Hoo Woonsen</b> – Bean curd and vermicelli soup.                              |  | £4.75 |
| 24. | <b>Dow Hoo Song Kre-ung</b> – Fried bean curd soup with a Thai brown sauce and mixed vegetables. |  | £4.45 |

# NEW - EISSAN MENU

Eissan is an area of Thailand covering the northeast of Thailand, these are some of the dishes that originated from Eissan.

<b>Papaya 'Bok Bok' Spicy Salad</b> - Papaya and carrot salad with peanut (med or hot)		£5.95
<b>Om</b> - Chicken, Beef or Pork Eissan curry - No coconut milk is used but herbs, spices, ground rice and fresh vegetables are cooked with the meat to give a rich fragrant taste (medium)		£5.95
<b>Larp Salad</b> - Minced pork, chicken or beef with lemon juice and chilli, pounded rice, ground chilli's and red onion. (med)	Chicken Pork Beef	£5.95 £5.95 £6.25
<b>Neua Nam Dtok Salad</b> - Grilled beef (sirloin Steak) with lemon juice and chilli, pounded rice, ground chilli's and red onion. (medium)		£8.95
<b>Kwan Thai Gai Yahng</b> - Chicken flame grilled in soya sauce.		£6.55

**STICKY RICE** £2.25

## MAIN COURSE

25. <b>Gairng Keow Wahn/Ped</b> – Green or red curry paste cooked with coconut milk, bamboo shoots and fresh Thai herbs. (medium)	Prawns Beef Chicken Pork Duck	£7.85 £6.25 £5.95 £5.95 £7.95
26. <b>Panang</b> – A dry aromatic ground peanut curry with coconut milk. (medium)	Prawns Beef Chicken Pork Duck	£7.85 £6.25 £5.95 £5.95 £7.95
27. <b>Musman Curry</b> – cooked with peanuts, potato and coconut milk. (mild -med)	Chicken Lamb	£5.95 £7.55
28. <b>Phad Gaprao</b> – Stir-fried with chilli and Thai basil. (medium)	Prawns Squid Scallop Beef Chicken Pork	£7.75 £6.95 £8.25 £6.15 £5.75 £5.75
29. <b>Phad Prig</b> – Stir-fried with chilli's and onion. (medium)	Prawns Squid Scallop Beef Chicken Pork	£7.75 £6.95 £8.25 £6.15 £5.75 £5.75
30. <b>Phad Nam Prig Pow</b> – Stir-fried squid or prawns with chilli oil and onion. (medium)	Prawns Squid	£7.75 £6.95
31. <b>Phad Nam Prig Pow</b> – Pork fried with chilli oil sauce. (medium)	Pork	£5.75
32. <b>Phad Nor Mai</b> – Stir-fried with mushrooms and bamboo shoots.	Prawns Chicken Pork	£7.75 £5.75 £5.75
33. <b>Phad King</b> – Stir-fried and cooked with ginger and mushrooms.	Prawns Squid Scallop Beef Chicken Pork	£7.75 £6.95 £8.25 £6.15 £5.75 £5.75

34.	<b>Phad yaht khaopoht</b> – Stir-fried and cooked with baby sweet corn	Prawns Squid Scallop Beef Chicken Pork	£7.75 £6.95 £8.25 £6.15 £5.75 £5.75
35.	<b>Phad don Homm</b> – Stir-fried and cooked with Spring Onion	Prawns Squid Scallop Beef Chicken Pork	£7.75 £6.95 £8.25 £6.15 £5.75 £5.75
36.	<b>Bpree-o Wahn</b> – Stir-fried and cooked with a sweet & sour sauce blended with onions, green and red pepper.	Prawns Chicken Pork	£7.75 £5.75 £5.75
37.	<b>Tort Gra Tiem Prigtai</b> – Stir-fried with pepper and garlic.	Prawns Squid Pork	£7.75 £6.95 £5.75
38.	<b>Phad Ped</b> – Stir-fried with chilli paste and fresh Thai herbs. (medium)	Prawns Chicken Pork Duck	£7.75 £5.75 £5.75 £7.95
39.	<b>See-Krohng Mou Op Dow See</b> – Baked spare ribs with salted black bean.		£7.55
40.	<b>See-Krohng Mou Phad Prig</b> – Spicy Spareribs fried & topped with chilli & Onion ( hot)		£7.55
41.	<b>Gai/Goong Phad Med Mamuong</b> – Chicken or prawn fried with cashew nuts and chilli. (mild)	Prawns Chicken	£7.95 £5.95
42.	<b>Mou Hong Kong</b> – Pork Stir fried in a Hong Kong Style		£7.75
43.	<b>Mou Bangkok</b> – Pork stir fried with vegetables in a special Thai sauce.		£7.45
44.	<b>Neua/Gai Phad Nam Mun Hoy</b> – Stir fried chicken or beef in oyster sauce.	Chicken Beef	£5.75 £6.15
45.	<b>Neua/Gai Phad Dow See</b> – Sautéed chicken, Pork or beef with salted black bean.	Chicken Pork Beef	£5.75 £5.75 £6.15

## chicken

46.	<b>Gai Op Sauce Manao</b> – Chicken Breast fried and topped with lemon sauce.		£5.75
47.	<b>Gai Op Sauce Som</b> – Chicken breast fried and topped with orange sauce.		£5.75
48.	<b>Gai Tort Gra Tiem Prigtai</b> – Chicken breast fried with garlic and soya sauce.		£6.55
49.	<b>Gai Yahng phad prig</b> – Chicken breast grilled and topped with a chilli, garlic & onion sauce. ( hot)		£6.55

## DUCK

50.	<b>Bpet Op Spinach</b> – Duck fried and topped with spinach and Thai brown sauce.	Half Whole	£12.75 £23.75
51.	<b>Bpet Phad Nor Mai Fa-rung</b> – Duck fried and cooked with asparagus in soya sauce.		£7.95
52.	<b>Bpet Phad Het Sot</b> – Duck fried with mushrooms in soy sauce.		£7.95
53.	<b>Bpet Op Prig Horm</b> – Duck fried and topped with a chilli and onion sauce. (medium - hot)	Half Whole	£13.75 £25.95

## BEEF

54.	<b>Neua Phad Prigtai Dum</b> – Stir-fried beef with black pepper.		£6.15
55.	<b>Neua Op Hong Kong</b> – Sirloin steak Hong Kong style.		£8.95
56.	<b>Neua Ga Ting Jahn Rorn</b> – Beef fried with chilli sauce on a hot plate. ( hot).		£8.45
57.	<b>Neua Jahn Tong</b> – Sirloin steak fried with garlic, pepper and chilli on a hot plate. ( hot).		£8.95

## กึ่ง ปู / ปู

58. **Goong Jien Nam Mun Hoy** – King prawn stir fried with ginger, vegetables and pork slices topped with oyster sauce. £12.95
59. **Goong Op Woonsen** – King prawn baked with vermicelli and soy sauce in a casserole. £13.95
60. **Goong Nung Prig Sot Ma Now** – King prawn steamed with a chilli and lemon sauce. (hot) £12.95

## SEAFOOD

62. **Joaw Sa-mut (KING of the OCEAN)** – Squid filled with minced pork and prawn in an onion and garlic sauce on a hotplate (hot) £9.45
63. **Hoy Shell Yeet Si Op Prig Horm** – Scallop fried and stuffed with minced pork and prawn topped with an onion, chilli and garlic sauce. (hot) £9.75
64. **Bplah Meuk Nung Prig Sot Ma Now** – (Squid steamed) with lemon juice and chilli (hot). £7.25
65. **Phad Broccoli** – Broccoli stir fried with prawns, squid or scallops in a special Thai sauce. £8.25
66. **Phad Nor Mai Fa-rung** – Asparagus stir-fried with prawns, squid or scallops in a special Thai sauce. £8.25
67. **Roum meit talay phad chaa** – Prawn, Squid, Scallop and Mussel stir fried with vegetable, chilli and Thai basil. (medium) £9.25

## fish

Choose From

Seabass	£13.95	Mackerel	£8.95
Cod	£8.95	Trout	£8.95

68. **Bplah Jien Nam Mun Hoy** – Crispy fried fish topped with fresh vegetables and pork slices.
69. **Bplah Nung See Ew** - Steamed fish with soya sauce, spring onion and ginger.
70. **Bplah Bpree-o Wahn** – Crispy fried fish topped with sweet and sour sauce
71. **Bplah Tort Gra Tiem Prigtai** – Crispy fried Fish topped with garlic and soya sauce.
72. **Bplah Op Dow See** - Fish fried and topped with salted black bean sauce.
73. **Bplah Lad Prig** – Crispy fried fish topped with chilli sauce. (hot)
74. **Bplah Shon/Ga-pong Lu-ey Soo Wahn Prig** - Fish steamed and topped with fresh Thai herbs, garlic, chilli and lemon. (hot)

## BARBECUED

75. **Neua Yahng (Weeping Tiger)** – Sirloin steak flame grilled. £8.95
76. **Kor Mou Yahng See Ew** - Pork grilled with weeping tiger sauce. £8.75
77. **Goong Pow** – Large King prawns flame grilled in their shells. £12.75
78. **Bplah Pow** – Mackerel or Trout flame grilled in a special Thai sauce. £8.95
79. **Bplah Meuk Sot Yahng** - Squid grilled in soya sauce. £8.25
80. **Kwan Thai Gai Yahng** – Chicken flame grilled in soya sauce. £6.55
81. **Dta-grah Talay Pow** - Combination of mixed seafood in basket. £18.95
82. **See Krohng Mou Rom Kwun** - Smoked spare ribs with garlic and pepper. £7.55

## SALAD

83. **Yam Neua/Mou Yahng** - Sliced grilled beef or pork tenderloin salad – old traditional Thai style (medium). £8.95
84. **Larp** - Minced pork, chicken or beef with lemon juice and chilli, pounded rice, ground chilli's and red onion. (medium)
- |         |       |
|---------|-------|
| Beef    | £6.25 |
| Chicken | £5.95 |
| Pork    | £5.95 |

85.	<b>Neua Nam Dtok</b> - Grilled beef with lemon juice and chilli, pounded rice, ground chilli's and red onion. (med)		£8.95
86.	<b>Yam Woonsen</b> - Spicy vermicelli salad with pork and prawn (medium).		£7.95
87.	<b>Pra Goong</b> - King prawns or prawns seasoned with fresh Thai herbs. (medium)	King Prawn Prawns	£12.95 £8.25
88.	<b>Yam Tuna</b> - Spicy tuna salad with green vegetables, onion, lemon juice and chilli's. (medium)		£5.55

## ACCOMPANIMENTS

89.	<b>Khao Phad Kai Goong/ Bpoo/ Gai/ Mou</b> - Egg fried rice with meat of your choice.	Prawn Crabmeat Chicken or Pork	£3.55 £3.95 £3.25
90.	<b>Khao Phad Kai</b> - Egg fried rice.		£2.95
91.	<b>Khao Soo-ay</b> - Steamed rice.		£1.95
92.	<b>Phad Thai</b> - thin rice noodle with onion, egg, bean sprouts and crushed peanuts to thin rice noodle stir fried with onion, egg, bean sprouts and crushed peanuts		£4.95
93.	<b>Phad Thai</b> - Traditional Thai style thick noodles with onion, egg, bean sprouts and crushed peanuts.	Prawn Vegetable	£6.95 £4.95
94.	<b>Phad See Ew</b> - Thai style rice noodle stir fried with egg and vegetables	Prawn or Squid Beef Chicken or Pork Vegetable	£6.95 £5.95 £5.65 £4.95
95.	<b>Mee Grorp</b> - Traditional Thai crispy noodles covered in a sweet sauce with egg, onions, minced pork and prawns.		£5.75
96.	<b>Vegetarian Mee-Grorp</b> - Classic Thai crispy noodle and onion covered with a sweet and sour sauce		£4.95
97.	<b>Bpaat mee Phad Bpet/Mon Daing</b> - Egg Noodle stir fried with Duck or Pork	Duck Pork	£7.45 £5.65
98.	<b>Goo-ay Dtee-o Phad Kee Mow</b> - Spicy Thai noodle. (medium)	Prawn or Squid Beef Chicken or Pork Vegetable	£6.95 £5.95 £5.65 £4.95

## VEGETABLE MAIN DISHES

99.	<b>Phad Puk Nam Rour Meit</b> - Mixed vegetables stir fried in soya sauce.		£4.75
100.	<b>Phad Puk See Sa-hi Nam Dairng</b> - Four vegetables in Thai brown sauce.		£5.75
101.	<b>Broccoli Phad Nam Mun Hoy</b> - Broccoli stir fried with soya sauce.		£4.95
102.	<b>Too-a Ngork Phad Nam Mun Hoy</b> - Bean sprout stir-fried in soya sauce.		£4.25
103.	<b>Dow Hoo Phad Het Horm</b> - Fried bean curd, stir fried with Chinese black mushroom.		£6.45
104.	<b>Phad King</b> - Vegetables stir fried with ginger & mushrooms		£5.55
105.	<b>Phad Prig</b> - Vegetables stir fried with chilli & onion. (medium)		£5.55
106.	<b>Phad Gaprao Het/Khao Poht</b> - Stir-fried mushrooms & sweetcorn with onion, chilli and fresh Thai herbs. (med)		£5.55
107.	<b>Bpree-o Wahn Puk</b> - Stir-fried vegetables in a sweet and sour sauce.		£5.55
108.	<b>Gairng Keow Wahn/Ped Puk (Green or Red Curry)</b> - Bean curd, mushroom and bamboo shoots cooked with coconut milk and fresh Thai herbs. (medium)		£5.75
109.	<b>Panang</b> - Dry aromatic ground peanut curry with mushrooms, bean curd and coconut milk. (medium)		£5.75
110.	<b>Larp Het and Dow Hoo</b> - Bean curd and mushroom salad with lemon juice and chilli, pounded rice, ground chilli's and red onion. (medium)		£5.75
111.	<b>Yam Nor Mai Talay</b> - Asparagus salad. (medium)		£6.75

All Prices include VAT - Service charge is not included - Gratuities are at your discretion

We endeavour to use ingredients with no G.M. Derived Soya however due to the vast amount of ingredients we use some of which may have GM without our knowledge

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**MONSOON  
VALLEY**  
WINE OF THAILAND