





#### **Topics Covered**

- Who am I & Where am I headed?
- · Personalites What's Yours?
- Forces controlling our lives
- Change
- Belief Systems
- Meditation/Visualisation
- Health & Wellness
- Goal Setting
- Maintaining Motivation & Focus
- · Getting the balance right

Come and create a clear vision for what you want your future to look like.

Learn how you can make your dreams a reality.

Put fire in your belly so you are able to maintain the drive in your daily actions.

Come and gather a supportive network, people who are there for you as you happily & proactively go about achieving your life goals.

Most importantly come and have fun investing in an improved you.

Because you are worth it!

Ages 18 & over are most welcome Modified workshops available for school age groups.

"It takes courage to push yourself to places that you have never been before. To test your limits... to break through barriers... And the same day came where the risk to remain tight in a bud was more painful than the risk it took to bloom". Anais Nin

This life enhancing 2 day workshop gives you the tools & confidence to move positively forward so you are living your best life possible.



# The results are clear... Come Improve Your Life

You just need one weekend?





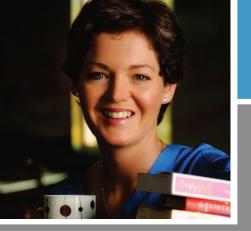
Come & enjoy 2 fun filled days of personal growth & self-discovery.

Get to know yourself better, know what you want from

know what you want from life and find out how you can make your dreams a reality.

Places are limited so Contact Jen today & make your booking.

0400974449 boilthebillycoaching.com



## **Weekend Workshop Dates Available:**

Tamworth 2012

July: 14th & 15th August: 25th & 26th

## A Maxium of 12 participants per workshop \$225 per person or bring a buddy and pay only \$205 each (other workshops can cost thousands!)

If you would like **Boil the Billy Coaching Workshops** to be run in your area please get in contact.

Check the Website for more details. Have a look on www.womo.com.au to see workshop testimonials and join us on Facebook for daily enlightenments, motivations and further information.

> You're off to Great Places www.boilthebillycoaching.com

## **About Your Boil the Billy Coach** Jen Wright

Jen is dedicated to providing you a city standard service with a country feel & pricetag. Passionate about moving Rural Australians forward toward a more positive, bright and fulfilling future; one step at a time.

A qualified Professional Life Coach through the Life Coaching Academy and with a Registered Nursing Bachelor behind her, Jen promotes great life choices. In all areas of life and living considering the mind, body & soul principle she goes ahead preventing the need to nurse you in an ill state of health at the hospital bedside.

Expect a friendly, proactive and motivated space when you enter your workshop- the place where you have the permission to shine at your best, for now and for your fantastic, bright & peace filled future.

## What You will need to bring:

- A large blank workbook/notebookWalking shoes & hat
- An open & willing mind

Can't wait to see you there!





## Area's of Life which You Can Improve:

- Health & Recreation
- Career/Work

Coaching

- Money/Wealth
- Family & Relationships
- Personal Growth
- Community/Hobbies/Interests
- Physical Living Environment
- Spirituality

"Once in a while it really hits people that

