Breakfast @ HQ Bar & Restaurant

Continental Breakfast

Choose any of the following items from the buffet:

Fresh Fruit Juices
Cereals & Muesli
Selection of Fruits & Yoghurts
Traditional Oatmeal Porridge (please order from the kitchen)

Cooked Breakfasts

HQ Manx Breakfast

Back Bacon, Pork Sausage, Mushrooms, Plum Tomato, Black Pudding, Fried Bread, Baked Beans and either a Fried, Scrambled or Poached Egg.

Vegetarian Breakfast

Vegetarian Sausage, Baked Beans, Mushrooms, Plum Tomato and either a Fried, Scrambled or Poached Egg

<u>Fish</u>

Grilled Manx Kippers

Manx Hot Smoked Salmon with Creamy Scrambled Eggs

Pancakes

American Style Pancakes with Berry Compote & Maple Syrup

All of our breakfast options are served with a choice of white or wholemeal toast and a choice of Tea or Filter Coffee, Speciality & Herbal Teas are also available. Soya Milk and Gluten Free Bread is also available upon request. If you have any dietary or other special requirements please let us know.

Breakfast is inclusive of our room rates for all residents
Please show your key card to a member of staff.
Continental Breakfast £5, Cooked Breakfasts £10 for non-residents.