

## small plates

- bacon with laverbread and cockles** £6.50  
pan fried cockles and laverbread with crispy welsh bacon on fried bread
- rose and crown welsh rarebit slices** v £4.25  
thick cut toast generously topped with our special cheesy rarebit with homemade chutney on the side
- with crispy bacon** £4.95
- soup of the day** £4.50  
a large steaming bowl of homemade soup with warm crusty bread and a chunk of welsh cheese
- brie wedges** v £5.95  
freshly breaded and deep fried brie wedges with mixed leaves and cranberry sauce for dipping
- thai salmon fishcakes** £5.95  
our own delicious fishcakes from flakes of poached salmon, spring onion, coriander and a hint of fresh chilli with sweet chilli dipping sauce
- classic prawn platter** £5.95  
a generous portion of succulent north atlantic prawns on crisp iceberg lettuce with marie rose sauce and brown bread and welsh butter
- farmhouse style pork pâté** £5.50  
our own rich pork and bacon pâté with warm crusty bread and welsh butter and cider apple chutney
- garlic mushrooms** v £5.25  
pan fried mushrooms in parsley and garlic butter with warm crusty bread for dipping
- garlic bread** v £2.25
- garlic bread with Cheese** v £2.95
- cheesy chips** v £3.95  
a stack of chips topped with melted cheese

## salads

- large bowls of salad with 'crown' coleslaw on the side and warm crusty bread and butter
- chicken and chorizo** £9.50  
drizzled with a balsamic reduction
- smoked salmon and prawn** £10.95  
smoked salmon slices, north atlantic prawns marie rose
- honey roast ham and cheese** £8.95  
home-cooked ham & cheddar with wholegrain french dressing
- greek salad** £7.95  
the classic, crisp, mediterranean salad with feta cheese

## fish

- 'cwrw crown' battered fish & chips** £8.95  
fillet of cod in crispy 'cwrw crown' batter with either minted mushy peas or garden peas and chips
- freshly battered scampi** £10.50  
whole tail scampi deep fried in our own 'cwrw crown' beer batter with peas and chips
- poached fillet of salmon** £9.95  
served with hollandaise or lemon and parsley sauce, garden peas and your choice of potatoes

## mains

- all main courses are served with a choice of chips, jacket potato, creamy mash or salad
- home cooked honey roast ham** £8.50  
thickly carved, topped with a brace of free range eggs OR crown coleslaw and served with chips
- all day big brunch** £7.95  
tuck into two rashers of bacon, two locally made sausages, egg, tomato, fried bread, baked beans and chips
- chicken curry** £8.95  
tender pieces of chicken in our own delicious curry sauce, cooked to your taste, mild or hot with poppadoms, mango chutney and cucumber and mint yoghurt with rice or chips
- ½ rice ½ chips 50p extra**
- sweet potato, lentil & spinach curry** v£7.95  
sweet potato, lentils and spinach in chefs own delicious curry sauce, cooked to your taste mild or hot with poppadoms mango chutney and cucumber and mint yoghurt with rice or chips
- ½ rice ½ chips 50p extra**
- roasted vegetables with feta cheese** v£7.95  
freshly roasted seasonal vegetables with tomatoes served on a bed of couscous topped with crumbled feta cheese and mixed salad
- steak and welsh ale pie** £9.50  
tender pieces of welsh beef in a tasty welsh ale gravy deep filled and encased in our homemade shortcrust pastry with peas and creamy mash
- welsh faggots and mushy peas** £6.95  
two locally produced faggots in a rich onion gravy, mushy peas and creamy mash
- oven baked lasagne** £8.95  
homemade to our own recipe with chips and 'crown' coleslaw
- why not add Garlic Bread for only £1.50**

## grills

- why not add one of our own special sauces
- creamy peppercorn £2.25  
creamy stilton and leek sauce £2.25  
garlic mushroom £2.25
- sirloin steak** £14.50  
locally sourced 8oz welsh sirloin cooked to your liking with pan fried mushrooms, 'cwrw crown' battered onion rings, tomato, peas and chips
- surf 'n turf** £15.95  
locally sourced 6oz welsh sirloin cooked to your liking with our own 'cwrw crown' battered wholetail scampi with tomato, peas and chips
- rump steak** £13.95  
locally sourced 8oz welsh rump cooked to your liking with 'cwrw crown' battered onion rings, tomato, peas and chips
- For the meat lover,
- double up** £17.95  
**16oz welsh rump, with all the trimmings**
- gammon steak** £10.95  
10oz gammon steak with pineapple, fried egg, 'crown' coleslaw and chips
- welsh lamb cutlets** £13.50  
four tender lamb cutlets served with a red wine & berry sauce, buttered leeks, peas & creamy mash.
- chicken breast with stilton & leek sauce** £11.50  
tender breast of grilled chicken, on a bed of buttered leeks with a leek & stilton sauce, peas and creamy mash.
- taffy burger** £9.50  
6oz prime beef burger topped with bacon melted welsh cheese with our 'cwrw crown' battered onion rings coleslaw and chips
- grilled chicken and bacon burger** £9.50  
tender breast of chicken topped with crispy bacon, lettuce, tomato and mayo with 'crown' coleslaw and chips
- chicken with ribs** £13.95  
half roast spring chicken & a half rack of pork ribs with a tangy bbq sauce, 'crown' coleslaw and chips

## sides

- creamy peppercorn sauce £2.25  
creamy leek & stilton sauce £2.25  
garlic mushroom sauce £2.25  
'cwrw crown' battered onion rings £2.25  
pan fried mushrooms £1.95  
black pudding slice £1.00  
garden peas £0.90
- chips £2.25  
jacket potato £2.25  
mixed side salad £2.25  
rose potato salad £1.25  
'crown' coleslaw £1.25  
free range egg £0.80  
mushy peas £0.90



## snacks

### paninis

served with mixed leaves and coleslaw on white or brown

<b>hickory bbq chicken with chorizo</b>	<b>£5.75</b>
<b>honey roast ham &amp; sweet chilli</b>	<b>£5.25</b>
<b>brie and cranberry with bacon</b>	<b>£4.95</b>
<b>bacon sausage and beans</b>	<b>£4.50</b>
<b>welsh cheese and tomato</b>	<b>£4.25</b>

### baguettes

served with mixed leaves and coleslaw on white or brown

<b>steak &amp; caramelised onions</b>	<b>£6.50</b>
<b>cheese and homemade chutney</b>	<b>v £4.95</b>
<b>honey roast ham &amp; dijon mustard</b>	<b>£5.50</b>
<b>chicken &amp; bacon mayo</b>	<b>£5.95</b>
<b>brie &amp; cranberry</b>	<b>v £5.50</b>

### jackets

served with mixed leaves

<b>chicken curry</b>	<b>£5.95</b>	<b>baked beans &amp; melted cheese</b>	<b>£4.95</b>
<b>garlic mushroom</b>	<b>£5.75</b>	<b>crown coleslaw</b>	<b>£4.75</b>
<b>prawn marie rose</b>	<b>£6.25</b>	<b>melted brie &amp; crispy bacon</b>	<b>£5.75</b>
<b>melted cheese</b>	<b>£4.50</b>	<b>melted cheese &amp; crispy bacon</b>	<b>£5.75</b>

## puddings

### homemade cheesecake of the day

chef's speciality please ask for todays choice  
served with cream or ice cream

### bucket of ice cream

a trio of ice creams, strawberry chocolate and vanilla with  
caramel sauce and chocolate flake

### chocolate fudge brownies

served warm with chocolate sauce and ice cream

### puddings board

please ask your server for todays choice

### cheese board

a plate of stilton, brie and welsh cheese with home made  
chutney and cheese biscuits

## children's meals

up to 11 years old  
served with an ice cream sundae dessert & lollipop to go.

### chicken curry

tender chicken breast in a mild curry sauce with rice or chips

### sausages and mash

with peas or beans

### homemade fishfingers

with peas or beans and chips or mash

### ham and chips

with coleslaw

### chicken nuggets

our own freshly breaded chicken breast with peas or beans  
and chips or mash

**meal  
deal**

<b>£7.25</b>
<b>£6.75</b>
<b>£6.45</b>
<b>£6.00</b>
<b>£5.75</b>

**with  
chips**

## breakfasts 7.30-12 noon

see our separate menu for a full selection of welsh  
breakfasts, including 'the mega', steak 'n eggs, smoked  
salmon & scrambled eggs, the traditional welsh,  
& the vaughany value breakfast bap

## festive parties

hold your party at the heart of town  
we host all kinds of business & family celebrations  
be sure to book early for this years big bash as  
peak dates are filling up fast,  
menus & booking forms are on the bar

## accommodation

why not stay the night? we have eight completely  
refurbished en-suite rooms - special rates are available for  
festive parties



[www.roseandcrown Carmarthen.co.uk](http://www.roseandcrown Carmarthen.co.uk)



## sundays at the rose and crown hotel

**choose from our full menu available all day  
or**

**enjoy our famous hand carved roasts  
every Sunday from 12 noon**

choose from a selection of roast meats with stacks of  
potatoes and fresh vegetables, yorkshire puddings and  
all the trimmings

**feeling hungry? try our famous mixed roast platter**  
**bookings welcome**  
**tel 01267 232 050**

**food at**  
**the rose** and crown hotel

this  
menu is  
served all day  
every day

please note your table  
number and order at  
the bar

all major cards  
accepted