

# MEAT MENU

## STARTERS / ANTIPASTI

|  |              |
|--|--------------|
| <b>ASPARAGI</b> .....  | <b>£4.25</b> |
| FRESH ASPARAGUS, WRAPPED IN SMOKED PANCETTA, SERVED WITH SHAVED PARMESAN AND A MIXED SALAD   |              |
| <b>POLPETTE</b> .....  | <b>£4.25</b> |
| BEEF MEATBALLS, STUFFED WITH GARLIC, SPRING ONIONS AND BREADCRUMBS, SERVED WITH NEAPOLITAN SAUCE                                       |              |
| <b>PROSCIUTTO E MELONE</b> .....   | <b>£5.95</b> |
| A SIMPLE BUT EXCITING COMBINATION OF PARMA HAM AND FRESH MELON   |              |
| <b>BRESAOLA</b> .....  | <b>£6.25</b> |
| ITALIAN-STYLE BEEF BRESAOLA, WITH AN ITALIAN TRUFFLE DRESSING, SERVED WITH ROCKET AND SHAVED PARMESAN                                  |              |
| <b>ANTIPASTO MISTO</b> .....   | <b>£7.95</b> |
| A MIXED SELECTION OF THINLY SLICED, CURED ITALIAN MEATS - MILANO SALAMI, PARMA HAM, CAPRESE AND MIXED OLIVES, SERVED WITH GARLIC BREAD |              |



## PASTA AND RISOTTO

|   |               |
|---|---------------|
| <b>SPAGHETTI BOLOGNESE O POLPETTE</b> .....   | <b>£7.75</b>  |
| SPAGHETTI SERVED WITH TRADITIONAL BOLOGNESE SAUCE OR MEATBALLS  |               |
| <b>RIGATONI BROCCOLI</b> .....  | <b>£7.95</b>  |
| TYPICAL PASTA (BARESE), BROCCOLI AND ITALIAN SAUSAGE, WITH A HINT OF CHILLI                                     |               |
| <b>LASAGNE</b> .....  | <b>£7.95</b>  |
| LAYERS OF EGG PASTA WITH GROUND BEEF, TOMATO AND BÉCHAMEL SAUCE   |               |
| <b>PENNE POLLO E SPINACI</b> .....  | <b>£7.95</b>  |
| SLICED CHICKEN BREAST, FRESH SPINACH AND GORGONZOLA IN A CREAM SAUCE  |               |
| <b>RISOTTO POLLO</b> .....  | <b>£8.50</b>  |
| MIXED WILD MUSHROOMS AND CHICKEN RISOTTO WITH PORCINI CREAM   |               |
| <b>RISOTTO MARI E MONTI</b> .....   | <b>£11.75</b> |
| A COMBINATION OF MIXED SEAFOOD, WITH SPICY ITALIAN SAUSAGE, CHICKEN AND FRESH PEAS IN AN AROMATIC SAFFRON SAUCE |               |



## MAIN COURSES

|  |               |
|--|---------------|
| <b>BRACIOLA TALEGGIO</b> .....   | <b>£9.95</b>  |
| PAN-FRIED BREADCRUMBED PORK STEAK, STUFFED WITH TALEGGIO CHEESE AND SERVED WITH NEW POTATOES AND SALAD                 |               |
| <b>POLLO AI FUNGHI</b> .....   | <b>£9.95</b>  |
| CHICKEN BREAST WITH MUSHROOMS AND A WHITE WINE SAUCE, SERVED WITH NEW POTATOES   |               |
| <b>POLLO CACCIATORA</b> .....  | <b>£9.95</b>  |
| CHICKEN FILLET COOKED IN AN AROMATIC ITALIAN TOMATO SAUCE WITH OLIVES AND MIXED PEPPERS, SERVED WITH NEW POTATOES      |               |
| <b>INVOLTINI PARMA</b> .....   | <b>£10.95</b> |
| CHICKEN BREAST WITH FRESH ASPARAGUS, WRAPPED IN PANCETTA AND SERVED WITH A WHITE WINE SAUCE AND MASHED POTATOES        |               |
| <b>FEGATO VENEZIANA</b> .....  | <b>£11.95</b> |
| PAN-FRIED CALVES LIVER IN A WHITE WINE AND SAGE SAUCE, SERVED WITH CARAMELISED ONIONS                                  |               |
| <b>BISTECCA AI PORCINI</b> .....   | <b>£12.95</b> |
| GRILLED RIB-EYE STEAK WITH WILD MUSHROOMS ON A BED OF NEW POTATOES, SERVED WITH SHAVED PARMESAN AND FRESH ROCKET SALAD |               |