

MENU & PRICE LIST CORRECT at 27/09/12

Nibbles...

Crusty Garlic Bread

Baked Slices Of French Baguette Coated In Garlic & Parsley Butter.....£2.50
(v)

Olives

Home Marinated Giant Spanish Green Olives & Greek Kalamata
Olives.....£2.75 (v)

Houmous

Eastern Style Chick-Pea Puree, With Crispy French Bread & Finished With
Extra Virgin Olive Oil.....£3.00 (v)

Fried Chorizo Rosario Sausage

Fried Slices Of Authentic Spanish Rosario Sausage.....£3.25

Crispy Fish Strips

Crispy Marinated Strips Of Fried White-Fish, Served With Lemon.....£3.50

Share it...

Baked Whole Camembert Cheese

Baked Normandy Camembert Cheese With Grilled Local Bloomer Bread &
Red Onion Jam.....£9.50 (v)

(To cook this dish to perfection, please allow 15 minutes cooking time)

Salterns Harbourside Seafood Platter

Breaded Plaice Goijons, Finest Scottish Smoked Salmon & Home-Made
Salmon & Dill Fishcakes, With Our Tartare Sauce & Buttered Local Granary
Bloomer Bread.....£9.50

Salterns Harbourside Anti-Pasto Platter

Chef's Selection Of Cold Sliced Italian Meats With Warm Breaded Buffalo
Mozzarella, Home Marinated Olives, Sliced Italian Plum Tomatoes &
Rocket.....£9.50

Beginnings...

French Onion & Port Soup

Our Slow Caramelised White Onion & Port Soup Topped With Grilled Cheese
French Baguette Croutons & Served With Local Bloomer Bread &
Butter.....£5.50

Plum Tomato, Basil & Buffalo Mozzarella Salad
Sliced Italian Plum Tomatoes, Green Basil Oil & Warm Breaded Buffalo
Mozzarella Salad Dressed With Extra Virgin Olive Oil.....£5.50 (v)

Salmon & Dill Fishcakes
Three Salmon & Dill Fishcakes Served With Sweet Chilli Sauce & Crunchy
Oriental Style Salad & Fresh Lime...£5.50

Potted Slow Cooked Wiltshire Ham, Spring Onion & Cream Cheese Pate
Served With Grilled Local Bloomer Bread, Home-Made Salsa Verde & Dressed
Watercress Salad...£6.50

Baked Stuffed Mushroom
Large Flat Mushroom Stuffed Kalamata Olives, Cherry Tomatoes, Mature
Cheddar Cheese & Topped With Parmesan Bread-Crumbs. Served On A Pesto
Dressed Rocket Salad ... £6.50 (v)

Goats Cheese & Caramelised Red Onion Tart
Latticed Tart Filled With French Goats Cheese & Red Onion Jam Served With
Cherry Tomato & Rocket Salad...£6.50 (v)

Finest Scottish Smoked Salmon
With Buttered Local Granary Bloomer Bread, House Salad, Lemon & Our
Tartare Sauce...£6.75

Garlic King Prawns & Chorizo Rosario
Shelled Tiger Prawns & Sliced Chorizo Rosario With Local White Bloomer
Bread & Butter, Lemon Mayo & House Salad...£7.00

Crab & Monkfish Gratin
Baked British Crab Meat & Monkfish In Grana Padano Parmesan & White
Wine Sauce. Served With Rocket Salad & Crispy French Bread ...£7.00

Pan-Fried Lyme Bay Scallops
Fried In Herb Butter Served Simply With Summer Pea Puree & Dressed Apple
& Watercress Salad...£7.50

Classics...

Home-Made Juicy Beef Burger
Our American Seasoned Beef Burger, In A Floured Bun, With Red Onion,
Beef Tomato, Mayo & Served With Seasoned Chips...£8.50; With Melted
Mature Cheddar Cheese & Four Onion Rings...£9.50

Minted Lamb Burger

Our Home-Made Minted Lamb Burger, In A Floured Bun, With Red Onion, Beef Tomato, Mayo & Served With Seasoned Chips...£8.50; With Melted Mature Cheddar Cheese & Four Onion Rings...£9.50

Cajun Chicken Burger

Our Home Marinated Cajun Chicken Burger, In A Floured Bun, With Red Onion, Beef Tomato, Mayo & Served With Seasoned Chips...£8.50; With Melted Mature Cheese & Four Onion Rings...£9.50

Balti Chicken Curry

Medium Spiced Chicken Breast & Roasted Pepper Curry With Buttered Turmeric Rice & Home-Made Coriander Naan Bread...£9.00

Gammon Steak, Egg n Chips

Grilled Gammon Steak With Fried Fordingbridge Free-Range Egg, Grilled Fresh Pineapple & Chips...£9.00

Classic Italian Beef Lasagne

Layers Of Beef Ragu Sauce & Egg Pasta Topped With Two Cheese Sauce. Served With Grilled Garlic Bloomer Bread & Dressed Salad...£9.00

Fish n Chips

John Smiths Beer Battered Grimsby Haddock Fillet With Chips, Lemon, Garden Peas & Our Tartare Sauce...£9.00

Scampi & Chips

Breaded British Wholetail Scampi Tails With Our Tartare Sauce, Lemon, Chips, Coleslaw & Dressed Salad...£10.00

Peppered British Rump Steak

Marinated Finest 8oz British Rump Steak With A Side Of Classic Peppercorn Sauce, Chips & Dressed Watercress Salad...£14.00

Bistro Specialities...

Four Cheese Tortellini

Fresh Pasta Parcels Filled With Four Cheeses, Dressed With Pesto Cream Sauce Served With Baby Spinach Leaves, Roasted Cherry Tomatoes & Grana Padano Parmesan Shavings...£8.50 (v)

Scottish Salmon, Summer Pea Puree & New Potatoes

Grilled Scottish Salmon Fillet With Pea Puree, Buttered New Potatoes & Lemon Cream Sauce...£10.00

Roasted Chicken Breast

Breast Of Chicken With Fondant Potato, Seared Baby Spinach & Warm

Cherry Tomato & Green Olive Dressing...£10.00

Creamy Seafood Farfalle Pasta

Scottish Smoked Salmon, Shelled King Prawns & New Forest Asparagus In A Mascarpone & White Wine Sauce Finished With Grana Padano Parmesan Shavings...£11.50

Loin Of Cod With Chorizo Rosario

Roasted Loin Of Cod With Chorizo Rosario Pieces, Seared Baby Spinach, Potato Rosti & Sweet Roasted Red Pepper...£13.00

Pan-Fried Lyme Bay Scallops

Fried In Herb Butter Served Simply With Summer Pea Puree, New Potatoes & Dressed Apple & Watercress Salad ...£15.00

Roasted Fillet Of Line Caught Cornish Wild Sea-Bass

Roasted Fillet Of Delicious Local Sea-Bass With Buttered Green Beans, New Potatoes & Lemon & Herb Butter (Line Caught From The Fishing Vessel-Skin Deeper-Brixham)...£19.00

Char-Grilled Fillet Steak

Finest British 6oz Fillet Steak Char-Grilled & Served With Green Beans, Rosti Potato & 'Café d'Paris' Flavoured Butter...£21.00

From The Garden... PICK 'n' MIX SALADS - All £10.00

First Pick Your Meat, Fish Or Vegetarian Option...

*Caramelised Red Onion Jam & French Goats Cheese Lattice Tart (v)

* Grilled Home-Marinaded Cajun Chicken Breast

*Finest Scottish Smoked Salmon

*4oz Marinated British Rump Steak Kebab

Then Pick Your Salad...

Greek Salad (v)

Diced Greek Feta Cheese, Black Olives, Cucumber & Tomato With Lemon & Mint Dressed Crispy Green Leaves

Caesar Salad

Caesar Dressed Crispy Green Leaves With Marinated Anchovies, Baked French Bread Croutons & Shaved Grana Padano Parmesan

Waldorf Salad (v)

Walnut Pieces, Black Grapes, Celery, & Green Apple With Dressed Mixed Leaves

Nicoise Salad (v)

Green Beans, Boiled Egg, Black Olives, Tomato & New Potato Pieces With

Dressed Mixed Leaves

Little Extras...

Coleslaw...£1.25 (v)

Local Bloomer Bread & Butter...£1.25 (v)

Char-Grilled Local Bloomer Bread With Garlic Butter...£2.50 (v)

Bowl Of Chips...£2.75 (v)

Chefs Selection Of Vegetables...£3.00 (v)

Battered Onion Rings...£3.00 (v)

House Salad...£3.00 (v)

Bowl of 'Cheesy' Chips...£3.25 (v)

Puddings...

Luxury Home-Made Ice-Creams

Choose From Madagascan Vanilla, Milk Chocolate, Red Berries, Coconut Or Honeycomb

One Scoop...£2.95

Two Scoops...£3.95

Three Scoops...£4.75

Mango & Passionfruit Cheesecake

Creamy Mango & Passionfruit Cheesecake Mousse Layered With Crispy Sweet Biscuit Crumbs, Topped With White Chocolate Shavings & Home-Made Coconut Ice-Cream...£5.00

Double Chocolate Pie

Chocolate Biscuit Base Topped With Rich Baked Chocolate & Served With Chocolate Fudge Sauce & Fresh Raspberries...£5.00

Salterns Sticky Toffee Pudding

Classic Date & Toffee Sponge With Butterscotch Sauce & Home-Made Honeycomb Ice-Cream...£5.00

Chilled Exotic Fruit Salad

Chopped Fresh Exotic Fruits Drizzled With Elderflower Essence & Served With Our Home-Made Coconut Ice-Cream...£5.00

Blueberry & Vanilla Crème Brulee

Home-Made Dorset Blueberry Compote Topped With Rich Baked Vanilla Custard. Served Caramelised & With Accompanying Lemon Shortbread Biscuits...£5.00

Glazed Almond & Pear Tart

Shortcrust Pastry Case Filled With Almond Sponge & Poached Pear Chunks. Served With Dorset Clotted Cream...£5.00

Continental Cheese Board

Mature British Cheddar, Soft French Brie, British Blue-Veined Stilton Cheeses Served With Water Biscuits, Butter, Celery & Home-Made Apple & Cider Chutney...£6.00

Hot Chocolate Fondant

Dark Chocolate Soft Centre Pudding Made With Finest Dark Chocolate, Served Simply With Home-Made Madagascan Vanilla Ice-Cream & New Forest Strawberries...£6.00

(To cook this dish to perfection, please allow 15 minutes cooking time)

Sunday Roast...

Available Every Sunday 12-9pm

Roasted Top-Side Of British Beef

Perfectly Roasted British Top-Side Of Beef, Served With Yorkshire Pudding, Crispy Roast Potatoes, Glazed Parsnips, Gravy, Horseradish Sauce & Seasonal Vegetables...£11.00

Roasted Loin Of West Country Pork

Perfectly Roasted Loin Of West Country Pork, Served With Crackling, Yorkshire Pudding, Crispy Roast Potatoes, Glazed Parsnips, Gravy, Apple Sauce & Seasonal Vegetables...£11.00

KIDS MENU

(Ideal for kids up to the age of 10)

Baked Lasagna

Beef Lasagna Topped With Melted Cheese...£4.50

Fish Dippers

Breaded Plaice Strips With Chips & Garden Peas...£4.50

Sausage, Chips & Beans

Two Premium Local Sausages With Chips & Baked Beans...£4.50

Chicken Nuggets & Chips

Breaded Chicken Nuggets With Chips & Baked Beans...£4.50

Breaded Scampi

Fried Breaded Wholetail Scampi Tails With Chips & House Salad...£4.50

Beef Burger

8oz Home-Made American Seasoned Beef Burger In A Bun With Chips...£7.75