

Aperetivos - Portuguese Aperetifs

Moscatel de Setubal, Peninsula de Setubal **£3.00** Ginjinha (Sour Cheery Liqueur) **£3.00**

White Port, Casa de Santa Eufemia, Douro **£3.75** Martini Rosso & Beer **£4.75**

Princípio – Starters

Sopa do Dia **£3.25**
Soup of the Day

Chouriço Assado **£5.00**
Traditional Char Grilled Portuguese Chouriço

Camarão Tigre à Casa **£6.50**
Pan Fried Tiger Prawns cooked in White Wine, Garlic, Coriander finished with Flambé

Queijo de Cabra Caramelizado **£4.50**
Caramelized Goat's Cheese with Mixed Leaves and Nuts (v)

Pata de Carangueijo, Pastel de Bacalhau, Croquete de Carne e Rissól de Camarão – 4 unidades **£4.95**
A Selection of Portuguese Canapes – 4 pieces only (Breaded Crab Claw, Cod Fish Cake, Meat Croquette and Shrimp Pastry)

Prato Português **£5.95**
Presunto, Paio, Queijos e Marmelada
A Selection of Portuguese Cured Meats and Cheese served with Quince Jam

Cogumelos à Casa **£3.95**
Mushrooms with Olive Oil, Garlic, Black Pepper and Coriander (v)

Ameijoas à Bolhão Pato **£6.50**
Clams cooked in Olive Oil, Garlic, Coriander and White Wine

Cocktail de Camarão **£5.50**
Chopped Lettuce and Tomato served with Marie Rose Sauce

Shrimps,

with

Saladas

Salada Mista **£2.85**
Mixed Salad

Salada Verde **£2.85**
Green Salad

Salada de Tomate **£3.00**
Tomato, Onion, Oregano, Olive Oil and Vinegar

Tomate, Mozzarella e Abacate **£3.75**
Tomato, Mozzarella and Avocado Salad

Salada Montanheira **£3.85**
Green Pepper, Onion, Tomato, Cucumber, Oregano, Olive Oil and Vinegar

Salada à Wine & Bread **£5.75**
Lettuce, Tomato, Bacon, Grilled Chicken Breast, Boiled Egg, Avocado and Cheese

Meio – Main Courses

peixe - fish

Bacalhau Assado com Batata à Murro **£14.00**
Sun dried Char Grilled Cod in Olive Oil and Garlic served with Vegetables and Crushed New Potatoes

Bacalhau com Natas **£12.00**
Oven roasted Sun dried Cod with Potato and Cream topped with gratinated Cheese

Polvo à Lagareiro **£14.95**
Char Grilled Octopus served with Vegetables and Crushed New Potatoes

Robalo Grelhado **£10.75**
Char Grilled Seabass with Garlic and Coriander Sauce served with Vegetables and New Potatoes

Salmão Grelhado **£11.50**
Char Grilled Salmon Fillets with Garlic Sauce served with Vegetables and New Potatoes

Cataplana De Ameijoas com Carne - 2 people **£27.95**
Traditional Portuguese Dish with Clams, Prawns, Chouriço, Bacon, Pork cooked in a Traditional Pot served with Potatoes

Espetada de Lulas com Camarões **£12.50**
Char Grilled Squid Skewer with Tiger Prawns served with Vegetables and New Potatoes

carne - meat

Frango à Piri-Piri **£8.50**
Char Grilled Chicken with Piri-Piri Sauce served with Rice and Chips

Bitoque **£9.50**
Pan Fried Beef and Fried Egg with Rice and Chips

Costeletas de Borrego Grelhadas **£11.50**
Char Grilled Lamb Chops served with Rice and Chips

Bife à Portuguesa **£13.75**
Pan Fried Sirloin Steak, Portuguese Style

Bife Pimenta **£13.50**
Pan Fried Sirloin Steak in Creamy Green Peppercorn Sauce served with Rice and Chips

Bife à Chefe **£13.50**
Pan Fried Sirloin Steak cooked in Olive Oil with Onion and Orange served with Fried Potatoes

Mista de Carnes Grelhadas **£12.50**
Grilled Beef, Pork Belly & Steak, Chicken and Sausage

Carne de Porco à Alentejana **£10.50**
Sautéed Pork and Potato Cubes with Clams, Coriander and Olives

Febras Grelhadas **£9.25**
Char Grilled Pork Steaks served with Rice and Chips

Vegetarianos

Tortellini **£7.50**
Tortellini in a Rich Tomato and Cream Sauce topped with gratinated Cheese

Legumes Gratinados com Queijo e Molho de Tomate **£8.00**
Stewed Vegetables in a Rich Tomato and Cream Sauce topped with gratinated Cheese

Caril de Legumes **£7.75**
Stewed Vegetables with Curry and Yoghurt

Pequenitos – Kids Menu

Panado Frango **£4.50**
Chicken Nuggets with Chips

Douradinhos **£4.50**
Fish Fingers with Chips

Massas **£4.25**
Pasta either served Plain, with Cheese or Bolognese Sauce

Salsichas com Ovo Estrelado **£4.50**
Sausage with Fried Egg and Chips

Se é alérgico a algum alimento, por favor avise um membro da equipe de serviço.
Aceitamos pagamentos com cartão crédito para valores superiores a £10.00.

If you are allergic to any food product, please advise a member of the service team.

We accept card payments over £10.00.

Vinhos - Wines

Branco - White

	175ml	Bottle
Adega da Vila Peninsula de Setubal, Portugal	£3.65	£12.75
Chardonnay, Casa Azul, Chile	£3.80	£13.95
Chenin Blanc, Good Hope, South Africa	£4.15	£14.75
Vinho Verde, Terras do Coucão, Portugal		£16.95
Sauvignon de Touraine, Domaine Guy Allion, Loire, France		£18.45
Alentejo, Reguengos Regia, Colheita Reserva, Portugal		£19.75

Tinto - Red

	175ml	Bottle
Adega da Vila, Peninsula de Setubal, Portugal	£3.65	£12.75
Tempranillo, Albizu, Spain	£3.75	£13.65
Cabernet Sauvignon, Casa Azul, Chile		£4.00
£14.50		
Syrah-Grenache, Saint-Cirice, Vin de Pays, Rhone, France		£15.45
Douro, Vega, Portugal		£16.35
£17.95		
Bairrada, São Domingos, Portugal		
Carmenere, El Grano, Rapel Valley, Chile		£18.95
Alentejo, Lysias, Herdade do Carvalhal, Portugal		£19.50
Bordeaux, Château Deville, France		£19.75
£23.00		
Dão, Quinta da Vegia Porta Fronha, Portugal		

Vinhos Fortificados – Fortified Wines

	70ml
Roze's Reserve, Douro Valley, Portugal	£4.00
Henriques & Henriques, Madeira, Portugal	£3.50
Gutierrez Colosia Fino del Puerto, Jerez, Spain	£3.25

Vinho Rose & Espumante - Rose & Sparkling Wine

Cerveja - Beer

	Bottle
Super Bock	330ml £2.50
Sagres	330ml £2.50
Super Bock Stout	330ml £2.50

	150ml	Bottle
Bergerie de la Bastide Rose, Languedoc, France		£14.50
Prosecco dei Colli Trevigiani, Bernardi, Italy		£5.25
£24.50		

Bebidas - Soft Drinks

Coca-Cola / Diet Coca-Cola / Lemonade	330ml	£1.50
Guaraná (Brazilian Energy Drink)	330ml	£1.50
Sumol Fizzy Orange / Pineapple	300ml	£1.50
FruTea Iced Tea	330ml	£1.50
Peach / Mango & Passion Fruit / Lemon		
Compal Fruit Juices	200ml	£1.65
Peach, Pear, Apple, Orange, Red Fruits, Mango, Passion Fruit		
Carvalhelhos Still Mineral Water	330ml	£1.25
Carvalhelhos Still Mineral Water	150cl	£2.95
Pedras Salgadas Sparkling Mineral Water	250ml	£1.35
Carvalhelhos Sparkling Mineral Water	100cl	£3.25

Digestivos – Digestives

	35ml
Baron de Sigognac Bas Armagnac VS, France	£4.25
Berneroy Fine Calvados, France	£4.00
Macieira Brandy, Portugal	£3.00
Maxime Trijol VS Cognac, France	£4.00
CRF Reserve Aguardente Velha, Portugal	£4.00
Licor Beirao, Portugal	£3.00
Amendoa Amarga (Bitter Almond Liqueur), Portugal	£2.85
Chivas Regal 12 Year Old, Scotland	£3.75
Johnnie Walker Black Label, Scotland	£3.75
Macallan Sherry Oak 10 Year Old, Scotland	£4.25
Glenfiddich 12 Year Old, Scotland	£4.25
Berry's Single Grain Whisky, Scotland	£7.75
Nikka All Malt Whisky, Japan	£4.75
Four Roses Small Batch Bourbon, USA	£4.95
Penderyn Whisky, Wales	£5.25
Kilbeggan Whiskey, Ireland	£3.75

Bebidas Quentes - Hot Drinks

Cafés - Freshly Brewed Coffee from Delta

Americano, Decaffeinated, Cappuccino, Espresso, (Galão) Cafe Latte, Mocha,

Espresso with Aguardente or Portuguese Brandy

Chás - Your Choice of Loose Tea

Sencha Green, Earl Grey, Darjeeling, Jasmine with Flowers, Rooibos,
Egyptian Camomile, English Breakfast, Pai Mu Tan, Niagara Peach, Fresh
Mint

wines can be served on 125ml measure on request.

Aceitamos pagamentos com cartão crédito para valores superiores a £10.00.

We accept card payments over £10.00.