

THE CAVE

FITNESS EVOLVED

PAYMENT INFORMATION: CROSSFIT & ADULT GYMNASTICS

	Drop-In	1x/Week	2x/Week	UNLIMITED
1 HOUR CLASS (CrossFit 13+)	\$25.00	N/A	\$155.00/mo	\$220.00/mo
2 HOUR CLASS (Gymnastics 13+)	\$30.00	\$120.00/mo	\$200.00/mo	\$220.00/mo

DISCOUNTS:

- **Family members:** 25% off monthly fee; discount applies to second/successive family member enrollment(s).
- **College Students:** 40%
- **High School Students:** 25%
- **Active Duty Fire/Law Enforcement Officer/Military/Public Health Worker/School Teacher:** 25%
- Highest discount applies (discounts are not cumulative).

FREE CROSSFIT CLASS:

- Every Saturday at 10:00 AM
- Up to 4 consecutive Saturday classes are free.; half the drop-in rate applies after 4th free class, or if classes attended are not consecutive.

CROSSFIT FOUNDATIONS:

Required to attend regular CrossFit classes.

(1) On-ramp CrossFit Option - Five private sessions and Five Level 1 classes. Cost: \$300.00
With 3 month commitment: \$250.00. With 6 Month commitment: \$150.00. With 12 month commitment: FREE; Two people together: \$250.00 each. Additional discounts available for larger groups.

OR

(2) CrossFit Conditioning Option - Attend 20 CrossFit Conditioning classes at the regular price (Drop-In, 2x/Week or Unlimited) and we'll waive the On-ramp Foundations requirement.

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POLICIES:

DROP-INS (Kids Programs):

- **ONE** drop-in class is allowed to try out a class/coach/level – continuous drop-ins are not permitted.
- All drop-ins must be scheduled ahead of time with office staff (preferably scheduled at least 2 days prior).
- Drop-ins must be paid for before any participation (cash, check, or credit card accepted).
- Drop-ins cost: \$25.00 for 45 minute/1 hour classes, \$28.00 for 1.5 hour classes, or \$30.00 for 2 hour classes.
- After one drop-in, kids must enroll on a month-to-month basis in order to continue taking classes.
- Your child will be placed into the appropriate class level at coach's discretion.

ENROLLMENT/PAYMENT:

(CREDIT CARD):

- All accounts must be on auto-pay.
- We accept Visa, Mastercard, American Express, and Discover – Please ensure all credit card information is accurate and up to date in our system (card number, expiration date, AVS code, and billing address).
- Auto payment: previous month's drop ins run on the 1st of every month; monthly enrollment fees run on the 3rd of every month (for that month's classes).
- Additional fees you accrue throughout the month (i.e. for apparel, products, events) will be charged weekly through auto-pay.
- We do all invoicing via email – please ensure we have the correct email address on file for yourself and/or your kids so that you receive all of our invoicing.

(CASH/CHECK):

- If certain circumstances do not allow you to be on auto-pay, please speak with our office staff. We will do our best to find a solution.
- It is **YOUR** responsibility to pay your bill **IN FULL** before the 5TH of every month.
- If any balance carries over after the 5th of the month, you will be billed a \$5.00 late fee.
- You and/or your child may be turned away from class until bill is paid in full.

CANCELLATION:

- We need at least 2 weeks notice to cancel all enrollments (2 weeks before the next month begins).
- We cannot retro-activate a cancellation because you and/or your child have not been coming to class and/or you forgot to tell us.
- Please give us a minimum of 2 weeks to take you off of auto-pay, take you and/or your child out of classes, and to give another person/child the opportunity to fill the open space.
- Please note that unless we hear otherwise, we assume you would like to continue your monthly enrollment, and therefore will continue to bill you accordingly.

VACATION:

- If you know you will be away for 2 or more weeks consecutively (maximum of 3 weeks), we will credit your account for the time you are away.
- You must tell us *ahead* of time in order to receive the credit; we do not retro-activate vacation credit.

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POLICIES (CONT):

VACATION (CONT):

- If you will be away for over 3 weeks, we ask that you cancel your enrollment and then re-enroll when you return.
- We do not 'hold' class spaces while you are away; if you do not want to lose your class space, then any time over 3 weeks must be paid for.

LATE POLICY:

- You and/or your child are given a 10-minute window to get to class.
- If you and/or your child are more than 10 minutes late, your space may no longer be available and you may no longer be able to participate.
- Please be on time.

CLIENT REFERRAL PROGRAM:

- Refer a new client to The Cave and receive a credit on your bill equivalent to 2% of their monthly enrollment payment.
- New client must maintain monthly enrollment for you to receive credit, and must tell us your name when first enrolling.

ATTIRE:

- Gymnastics: No dresses, skirts, jeans, or tutus. Comfortable clothing is recommended (t-shirts/tank tops, shorts/sweatpants/leggings, and/or leotards).
- No shoes or socks on any gymnastics equipment.
- Parkour/CrossFit: No dresses, skirts, or jeans. Comfortable clothing is recommended (t-shirts/tank tops, shorts/sweatpants/leggings).
- All parkour students must wear gym shoes and socks.
- All Disciplines: no belts or clothing with exposed buttons or zippers.
- All long hair must be tied back.

EQUIPMENT:

- We do not allow students to use any gymnastics, parkour, or climbing equipment without coach's supervision.
- Coaches will invite all students onto the gym floor at the appointed class time.

PETS:

- Due to client safety and/or allergies, we kindly ask that you leave your pet(s) outside of the gym.

OFFICE CONTACTS

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