

lunch menu *all out indulgence*

aperitif

all served in a funky 300ml bottle

freshly squeezed juices

- apple, pineapple, berry & mint
- cucumber, apple & mint
- pear, apple, kiwifruit & elderflower
- beetroot, mixed berries, radish & ginger

herbal iced tea's

- rooibos, berry & honey ice tea
- orange & passionfruit ice tea
- jasmine green ice tea

starter salads

moulin rouge

tomato, beetroot, radish, red cabbage, mixed berries, white cheddar shavings, crystallised basil leaves and herbs, drizzled with a berry and beetroot dressing

countryside

baby spinach, sliced apple, sliced pear, crispy bacon, mixed herbs, strawberries, roasted chopped nuts, drizzled with yogurt, pear & rosemary dressing

chicken waldorf salad

green apple, fennel, celery, shredded cooked chicken, drizzled with a chunky pecan nut dressing

le sandwiches

bread options: rye; white loaf; wholewheat loaf; ciabatta

G add: gluten free bread R6

jaffles / toasted sandwiches

~ our 60's treat

served with french fries or summer salad

choice of bread - white or brown

- hickory ham, cheddar cheese and tomato

add: pulled chicken

- avocado, bacon and homemade mustard-mayonnaise

- bacon, fried egg and cheddar cheese

- mozzarella cheese, basil and tomato

gourmet cheesy stacks

choice of bread - rye, ciabatta or health

swiss tarragon tuna melt

three frilled fried sandwiches with herb mayonnaise, lemon peel, tomato, white cheddar, mozzarella, tarragon and tuna

best ever chicken and bacon melt stack

three grilled fried sandwiches with a homemade mustard-mayonnaise, pulled chicken, bacon bits, white cheddar, mozzarella and gherkins

truss me...

these petits fours gourmet treats are bursting with flavour and nutrients!! a pan toasted open-faced sandwich served with a yummy bowl of summer soup on the side choice of bread: french baguette, ciabatta or health bread

G add: gluten free bread R6

- **PF** spiced bacon, herb mayonnaise, fresh rocket, oven roasted tomatoes and crispy onions drizzled with a balsamic reduction

- char grilled vegetables, basil & haloumi

- creamy feta, rosemary, honey & lemon lamb meatballs with hummus baby spinach, cherry tomatoes & mint

choice of soup:

- fresh tomato and basil soup
- summer cucumber, lychee & mint soup

gourmet sandwiches

poulet delight

baguette/rye/ciabatta/health bread topped with coriander, mint & baby spinach, strips of grilled chicken breast, avocado and mango topped with a passion fruit mayonnaise

petits fours club sandwich

toasted baguette topped with 125g strips medium - rare rump steak, marinade, grilled asparagus, spring onion & mixed rocket & baby spinach, drizzled with a creamy mustard sauce

elvis - rock and roll sandwich

toasted white/brown bread generously spread with peanut butter, slices of fresh banana & 2 rashers of grilled bacon

rice cake & smoked salmon health treat

rice cakes topped with a herb & lemon mayonnaise, sliced green apple, watercress, mange tout, cucumber, grated fresh ginger & smoked salmon, served with a wine glass ice jasmine tea

the steakhouse - for the hungry

250g sirloin steak topped with cranberry and feta confit served with oven baked potato, french fried or a summer salad

250g rump steak and served with a gourmet port wine reduction and crumbled blue cheese served with roasted vegetables, a baked potato or a summer salad

salads

petits fours signature salad

mixed herbs served with a juicy bacon wrapped chicken breast stuffed with dried figs, ricotta and thyme accompanied with crispy onions, roasted nuts, cucumber, cherry tomatoes and accompanied with a local apricot dressing on the side

why not?

crispy salad greens, coriander & basil, avocado, cucumber, roasted sliced almonds, slow roasted strawberries served with 2 bruschetta's topped with a slice of brie cheese, drizzled with a white balsamic & strawberry sauce

add: grilled chicken strips

add: grilled pastrami

add: smoked salmon

monsieur delight

crispy rocket & salad greens topped with grainy mustard and creamy blue cheese steak strips, grilled slices aubergine, beetroot chips, red onions, cherry tomatoes, cucumber & roasted mixed nuts, drizzled with a light lemon infused balsamic reduction

add: chunks of roasted french baguette

add: french fries

deconstructed sushi salad

smoked salmon, kiwifruit, creamed cheese, strawberries, cucumber sticks, coriander, mixed salad leaves & deep fried glass noodles, served with a bowl of ginger and gooseberry dressing

casual & chic salad

wilted brown rice topped with roasted slices of butternut, caramelized apples & pears, beetroot chips and roasted sunflower and pumpkin seeds, lightly drizzled with a ginger infused honey and a bowl of peach, radish & ginger dressing

add: char grilled steak strips

add: crispy bacon bits

the great burger

petits fours signature burger

this delish burger patty is stuffed with cheddar cheese and french onion confit, topped with our homemade monkey gland sauce, crispy bacon bits and a handful crispy onions

cheese fried american burger

the american burger patty is topped with french fries tossed in a yummy cheese & lager beer sauce - pure indulgence...

mediterranean burger

fresh herbs topped with a grilled chicken brest & grilled pineapple, drizzled with a passion fruit mayonnaise and fresh mint

pasta's

char grilled rump steak & tagliatelle pasta

rump steak & pasta tossed in a light garlic, spring onion & chilli sauce and served with at room temperature

penne pasta with mascarpone cheese & smoked salmon

asparagus, mange tout, lemon zest, flat leaf parsley, smoked salmon - a wonderful combination lightly mixed into the pasta and served hot

please visit our website or facebook page for more information on petits fours and other branches

franchise enquiries: www.petitsfours.co.za / petitsfoursdeli@gmail.com

PF petits fours deli & d'acore

other petits fours franchises:

south africa - bloubaergstrand / new york - kramerville / milan - bryanston shopping centre / paris - blackheath

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