



# The Yogic Path

<b><u>Introduction to Yoga:</u></b>	£60	(6 weeks)	£12 Visitor
	£120	(12 weeks)	
<b><u>Yoga Step by Step:</u></b>	£144	(12 weeks)	£14 Visitor
<b><u>Progressing in Yoga:</u></b>	£180	(12 weeks)	£17 Visitor
<b><u>Yoga Breathwork:**</u></b>	£136	(12 weeks)	£14 Visitor
<b><u>Yoga and Life:</u></b>	£136	(12 weeks)	£14 Visitor
<b><u>Advanced Postures:</u></b>	£90	(4 weeks)	£25 Visitor
<b><u>Therapy Yoga:**</u></b>	£90	(4 weeks)	£25 Visitor
<b><u>Yoga for Back Pain</u></b>	£90	(4 weeks)	£25 Visitor
<b><u>Consultation</u></b>	£60	(single visit)	
<b><u>Combined Friday Classes:**</u></b>	£132	(4 weeks)	£36 Visitor
<b><u>Relax through Yoga:</u></b>	£136	(12 weeks)	£12 Visitor
<b><u>Holiday Class:</u></b>			£14 Visitor
<b><u>Yoga for Children:</u></b>	£100	(12 weeks)	£10 Visitor
<b><u>Guidance for Teachers Workshop:</u></b>	£28	each workshop	
<b><u>Yoga and Being Workshop:</u></b>	£33	each workshop	
<b><u>Yoga Explained Workshop:</u></b>	£18	each workshop	
<b><u>Spring Yoga Course 2013</u></b>	£340	each course	
<b><u>Summer Yoga Course 2013</u></b>	£340	each course	