

PR SPORTS THERAPY & FITNESS

Price List

Sports Massage	from	£25
Sports Injury Treatment	from	£25
Indian Head Massage (1/2 hour)		£15
Swedish Body Massage (1 Hour)	From	£25
Hot Stone Massage (1 Hour)		£40
Fitness Testing		£20
Personal Training at gym		£25
Personal Training at home		£35
Group Training at work or club		T.B.A

