


### SOTHYS INSTITUTE FACIALS

Truly specialised and effective treatments which produce visible results.

Included in the cost of your first facial at About Face is a FREE, private consultation during which your skin will be professionally analysed. What you wish to achieve for your skin will be noted and the therapist will then choose which facial is most suited to you. She will prescribe home care products from the Sothys range to enhance the benefits of your facial, thereby maximising your investment in your skin.


**Collagene Hyaluronique Facial**  
Dynamic anti-wrinkle, lifting and firming..... £60

**Energising Intensive Facial**   
Renews the skin's natural radiance.  
Provides energy and restores youthfulness to the complexion..... £70

**Hydradvance Facial**  
Restores the skin's self-hydrating properties.  
Provides softness, suppleness and radiance..... £60

**Resurfacing Peeling Facial**  
Using glycolic acid for complete skin renewal – reduces wrinkles, scarring, sun/age spots, blocked pores. Restores freshness and vitality..... £45

**Correcting Professional Facial**  
For imbalanced skins, oily skins, acne and blemish problems..... £40

**Soothing Professional Facial**   
Ultra-calming, **desensitising** and comforting for the most sensitive and reactive skins..... £45



## skin care & beauty treatments

As an appointed salon, we stock the full range of Sothys products. Please ask for a product price list.

### NATURAL NAIL CARE

Luxury Manicure – includes exfoliation, masque, massage and heat treatment .....	£25
French Manicure .....	£30
File and Polish fingers .....	£15
File and Polish toes.....	£16
Luxury Pedicure with foot spa, massage and heat treatment .....	£35

### GEL NAIL POLISH CND eShellac Power Polish

Gel polish is applied like any other nail polish, but it wears like a gel and will last for 14+ days without chipping. Shellac is the original and best. It gives a long-lasting, high gloss finish to your nails and, unlike traditional gels, is easy to remove. Not only all this, but it is set under a UV/LED lamp, so you don't have to wait around for it to dry – what more could you ask for?

Gel Polish Luxury Manicure.....	£30
Gel Polish French Manicure.....	£35
Gel Polish Luxury Pedicure .....	£40
Gel Polish French Pedicure .....	£45
File and Gel Polish Hands.....	£20
File and Gel Polish Feet.....	£23
File and Gel Polish Hands and Feet .....	£35
File and French Gel Polish Hands .....	£25
File and French Gel Polish Feet .....	£28
File and French Gel Polish Hands and Feet.....	£45

### BODY CARE

Mini Bacial	
Cleanse, steam and masque for the back .....	£33
Galvanic Bacial as for Galvanic facial but for the back – includes massage.....	£45
Swedish Back Massage .....	£30
Swedish Full Body Massage .....	£48

### CLINICAL AROMATHERAPY

This complementary therapy is the ancient art of healing and soothing through massage with essential oils. These oils are extracted from plants and are used to treat a wide variety of common ailments such as stress, depression, PMT, insomnia, muscular aches and pains, skin problems and much more.

30 minute treatment .....	£30
1 hour treatment.....	£49

### HOT STONE THERAPY

Hot stone massage is an ancient therapy dating back some 5000 years. It originated from healers using rocks and stones from riverbeds which they warmed on hot coals or in hot water.

We use the hot stones to relax the muscles and soothe any pain.

30 minute treatment .....	£30
1 hour treatment.....	£49

### AROMASTONE

This gives you the best of both worlds by combining the benefits of Aromatherapy with those of Hot Stone Therapy into one fabulous treatment.

30 minute treatment .....	£35
1 hour treatment.....	£55

### INDIAN HEAD MASSAGE

Indian head massage promotes a sense of calmness, peace and tranquillity, high levels of concentration, sound sleep and clearer thinking. Significant improvement is noticed in the following conditions:

- Depression and anxiety
- Migraine
- Sinusitis
- Nightmares
- Tinnitus
- Insomnia and disturbed sleep
- And many more ailments

30 minute treatment .....	£33
1 hour treatment.....	£53

### REFLEXOLOGY

Reflexology is a form of complementary medicine involving massage to reflex areas found in the feet.

Numerous different disorders have been successfully treated by reflexology including migraine, sinus problems, hormonal imbalances, breathing disorders, digestive problems, circulatory problems, back problems, tension and stress.

Reflexology per session .....	£36
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## Special Packages

For a luxurious treat or simply great value.

### Day of Indulgence:

£148.50 **£130**

Enjoy over 4 hours of sheer luxury and being pampered from head to toe with:

- Full Facial including Deep Cleanse, Steam and Masque
- Full Body Aromatherapy Massage
- Luxury Manicure with heat treatment
- Luxury Pedicure with Foot Spa and heat treatment

### Holiday Package: £104 **£85**

We created this package of treatments especially to prepare you for your well-earned break.

- ½ Leg, Bikini, Underarm & Eyebrow Wax
- Eyelash Tint
- File and Polish Fingers
- File and Polish Toes

### Clinic Hours:

Monday & Friday:	9:00 am – 6:00 pm
Tues, Wed, Thurs:	9:00 am – 8:00 pm
Saturday:	9:00 am – 5:00 pm
Sunday:	11:00 am – 5:00 pm

### Cancellation Policy

We respectfully advise all clients that a minimum of 24 hours notice is required for cancellation of appointments.

If you cancel within 24 hours 50% of the cost of the appointment booked will be charged.

If you do not notify us, the full cost of the appointment booked will be charged.

Pre-paid appointments and gift vouchers will be forfeited.



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**Glasgow's Premier Professional Electrolysis, IPL and Beauty Clinic**  
Fully Qualified Electrolysis/Therapists

British Institute & Association of Electrolysis Registered Members



ELECTROLYSIS, IPL & BEAUTY CLINIC  
Established 1984

## ELECTROLYSIS

Electrolysis is the only Medically Approved method of **Permanent Hair Removal**.

Unwanted hair is a problem for many people and the distress it causes is vastly underestimated.

More people have hair permanently removed by electrolysis than you can probably imagine.

Please make an appointment for a consultation - it is free, private and you are under no obligation to have treatment.

Please ask for our specialist leaflet on electrolysis.

All our electrolysisists undertake post-graduate examinations to become registered with the British Institute & Association of Electrolysis (M.B.I.A.E., C.R.P.E.)

WE USE ONLY STERILE DISPOSABLE PROBES

ELECTROLYSIS IS BY BLEND METHOD WHERE APPROPRIATE

### Electrolysis Prices\*

Up to 15 minutes .....	£22
15 - 30 minute appointment .....	£38.50
30 - 45 minute appointment .....	£53
45 minutes to 1 hour .....	£66
each additional 15 minutes or part thereof.....	£16.50

10%  
DISCOUNT

PAY FOR A COURSE OF 10 TREATMENTS AND RECEIVE 10% DISCOUNT

## ADVANCED ELECTROLYSIS

Advanced Cosmetic Procedures [Advanced Electrolysis] is used for the safe removal of many benign fibrous and vascular blemishes including:

Moles	Whiteheads [Milia]
Blood Spots	Seborrheic Warts
Warts	Sebaceous Hyperplasia
Red Veins	Pigmentation
Syringoma	Age Spots / Sun Spots
Skin Tags	Sebaceous Cysts
Xanthelasma	Dermatosis Papulosa Nigra

Using electrolysis to remove these blemishes is quick and safe and unlike surgical removal leaves no scar. Often only 1 treatment is required.

See our specialist leaflet on Advanced Electrolysis

Consultation .....	FREE
*Mole Removal: up to 15 minute appointment. £70	
15-30 minute appointment .....	£130
each additional 15 minutes or part thereof.....	£60
All Other Blemishes:	
*Up to 15 minute appointment.....	£50
15-30 minute appointment .....	£90
each additional 15 minutes or part thereof.....	£37.50

\*Please Note: A 15 minute appointment will include up to 10 minutes of treatment, a 15 - 30 minute appointment will include up to 25 minutes of treatment and so on.

If you need longer to get ready at the end of your appointment may we respectfully request that you use our washroom.

If you have any questions for your electrolysisist it would help us greatly if you ask at the beginning of your appointment time. Thank you for your co-operation.

## IPL/LASER – PERMANENT HAIR REDUCTION

Achieve up to 85% **permanent reduction** in hair growth with our IPL system – the most advanced hair removal and skin rejuvenation technology available. Please ask for our specialist leaflet on IPL/Laser.

### IPL Hair Removal Treatment Prices

Consultation .....	FREE
Test Patch.....	£20
<b>Area to be Treated</b>	<b>Single</b> <b>Course of 6*</b>
Upper Lip .....	£35 .....£175
Chin.....	£50 .....£250
Upper Lip & Chin.....	£70 .....£350
Lower Lip .....	£25 .....£125
Jawline.....	£50 .....£250
Neck (front).....	£100 .....£500
Neck (back).....	£80 .....£400
Throat.....	£50 .....£250
Cheekbones.....	£75 .....£375
Lower Cheeks.....	£95 .....£475
Sides of Face.....	£75 .....£375
Full Face (excluding neck).....	£120 .....£600
Full Face & Neck (front).....	£150 .....£750
Nose.....	£30 .....£150
Ears (both external).....	£55 .....£275
Between Eyebrows.....	£25 .....£125
Hairline.....	£70 .....£350
Under Arms (both).....	£70 .....£350
Bikini.....	£80 .....£400
High Bikini.....	£95 .....£475
Brazilian Bikini.....	£120 .....£600
Hollywood Bikini.....	£130 .....£650
Bikini + Inner Thighs.....	£130 .....£650
Brazilian + Inner Thighs.....	£150 .....£750
Hollywood + Inner Thighs.....	£160 .....£800
Forearms (both).....	£90 .....£450
Upper Arms (both).....	£120 .....£600
¾ Arms (both).....	£135 .....£675
Full Arms (both).....	£150 .....£750
Shoulders.....	£100 .....£500
Chest Midline.....	£50 .....£250
Chest Full (from).....	£120 .....£600
Nipples.....	£50 .....£250
Stomach Midline.....	£50 .....£250
Stomach Full (from).....	£120 .....£600
Upper Legs (both).....	£190 .....£950
Lower Legs (both).....	£160 .....£800
Inner Thighs.....	£70 .....£350
Full Legs (both).....	£250 .....£1250
Upper Back.....	£110 .....£550
Lower Back.....	£110 .....£550
Full Back.....	£200 .....£1000
Buttocks (both).....	£110 .....£550
Hands (both).....	£40 .....£200
Feet (both).....	£50 .....£250
Fingers & Toes (each).....	£5 .....£20

## IPL/LASER SKIN THERAPIES

Please ask for our specialist leaflet on IPL/Laser.

### IPL Treatment Prices

Consultation .....	FREE
Test Patch.....	£20

### IPL for Skin Rejuvenation

Includes treatment of red veins, sun/age spots and scar tissue.

	<b>Single</b>	<b>Course of 6*</b>
Face and neck.....	£150	£750
Face only.....	£120	£600
Neck only (front).....	£100	£600
Décolleté.....	£120	£600
Face, neck and décolleté.....	£200	£1000
Mouth.....	£40	£200
Eyes.....	£60	£300
Forehead.....	£60	£300
Hands (both).....	£60	£300

### IPL for the Treatment of Acne

Face only.....	£100	£500
Face and neck.....	£130	£650

### IPL for Vascular Conditions

Thread veins/blood spots.....	from £60	from £300
Rosacea.....	from £60	from £300

### IPL for Other Conditions

Age/Sun Spots.....	from £60	from £300
Open Pores.....	from £60	from £300
Post-Acne Scarring.....	from £60	from £300



ONE  
FREE

\* WHEN YOU BOOK A COURSE OF SIX IPL TREATMENTS YOU ONLY PAY FOR FIVE

## CACI NON-SURGICAL FACE LIFT <sup>New</sup>



About Face is proud to introduce CACI – the award-winning, finest, non-surgical face lifting treatment available. In addition to general facial lifting, other noticeable improvements you will see include:

- Forehead lines smoothed and eyebrows raised
- Crows' feet softened and under-eye puffiness reduced
- Cheeks firmed and plumped
- Nose-to-mouth lines softened and lip lines diminished
- Sagging jawline lifted and crepey neck smoothed
- Skin elasticity restored
- Pores tightened
- Individual lines or wrinkles treated intensively

CACI per session.....	£45
– CACI with any other Facial.....	£33
Course of 10 treatments (a saving of £75!).....	£375

## MICRODERMABRASION

Would you like to have smoother, younger looking skin? With Microdermabrasion your skin will be softer, smoother, more radiant and lines will be diminished.

There's no 'down time' either – you can go straight back to work after microdermabrasion.

<b>Area to be Treated</b>	<b>Single</b>	<b>Course of 6*</b>
Face.....	£35	£175
– Along with any other Full Facial.....	£25	
Face and neck.....	£40	£200
– Along with any other Full Facial.....	£30	
Face, neck and décolleté.....	£50	£250
– Along with any other Full Facial.....	£40	
Décolleté.....	£35	£175
Hands.....	£30	£150
Backs of arms.....	£40	£200

\*Includes one free treatment.

## FACIALS

### Galvanic Facial

Superbly deep cleansing full facial using tiny amounts of galvanic current to drive products into the skin. Eliminates blackheads and tighten pores..... £44

### Full Facial

Deep cleanse, steam, masque & massage..... £39.50

### Mini Facial

Cleanse, steam and masque..... £31

10%  
DISCOUNT

PAY FOR A COURSE OF 4 OR MORE FACIALS AND RECEIVE 10% DISCOUNT (Excludes Mini Facial)

## WAXING

This is a form of Hair Removal recommended for the body rather than the face (although facial waxing is possible, ELECTROLYSIS or IPL is recommended). Waxing lasts between 3 and 6 weeks depending on your rate of hair growth. It leaves your skin soft and smooth, with no stubbly re-growth like shaving.

Full Legs.....	£29
Full Legs and Bikini.....	£36
Full Legs and Brazilian.....	£58
¾ Legs.....	£25
¾ Legs and Bikini.....	£33
½ Legs (knees to ankle).....	£17
½ Legs (knees to bikini).....	£21
Bikini.....	£14
Brazilian Bikini.....	£35
Hollywood Bikini.....	£37
Underarms.....	£12
½ Legs, bikini and underarms.....	£38
Forearms.....	£17
Full Arms.....	£23
Upper Lip.....	£9
Chin.....	£10
Upper Lip and Chin.....	£15
Full Face (excluding eyebrows).....	£24
Eyebrows.....	£11

## EYE CARE

Eyebrow Shape (wax or tweeze).....	£11
Eyebrow Tint.....	£11
Eyelash Tint.....	£15
Eyelash & Eyebrow Tint.....	£24

## TREATMENTS FOR MEN

Some of the most popular treatments include:

- Electrolysis
- Mole, wart and red vein removal
- Waxing
- Facials
- Clinical aromatherapy
- Non-surgical face lifting

We also offer, specifically for men:

Chest wax.....	£25
Back wax.....	£29
Abdomen wax.....	£20
Chest, Back & Abdomen wax.....	£58
Full Legs wax.....	£35
Hand grooming – gents manicure – no polish!.....	£25

See the rest of the price list for details of all these treatments, – or simply call us!

