

THE SOUL HOUSE

Garra Rufa Spa treatments: Feet - 15minutes	£10
15minutes	£10
35minutes	£20
35minutes	£20
Hands - 5minutes	£5
Hands - 5minutes	£5

The following treatments are appointment based appointment based

Reflexology:

Feet - 30minute sessions for general well being	£15
general well being	£15
60minute sessions for acute or chronic conditions	£25
acute or chronic conditions	£25
Hands - 20minute sessions for general well being	£10
general well being	£10
30minute sessions for acute or chronic conditions	£18
acute or chronic conditions	£18

Indian head massage: 30 minute session	£15
30 minute session	£15

Holistic facial: 45 minutes	£25
45 minutes	£25

Holistic facial massage: 60 minutes	£30
60 minutes	£30

Luxury Manicure 45-60 minutes	£15
45-60 minutes	£15

Luxury Pedicure: 45-60 minutes	£15
45-60 minutes	£15

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Garra Rufa Spa treatments: Feet -

The following treatments are

Reflexology:

Feet - 30minute sessions for
60minute sessions for
Hands - 20minute sessions for
30minute sessions for

Indian head massage:

Holistic facial:

Holistic facial massage:

Luxury Manicure:

Luxury Pedicure:

Luxury Manicure/pedicure together: 60-90 minutes	£25	60-90 minutes	£25	Luxury Manicure/pedicure together:
Garra + luxury manicure 5 minute Garra session	£20	5 minute Garra session	£20	Garra + luxury manicure
Garra + luxury pedicure 15 minute Garra sessions	£25	15 minute Garra sessions	£25	Garra + luxury pedicure
Garra + manicure + pedicure (as above) above)	£35		£35	Garra + manicure + pedicure (garra's as
Hopi ear candles approx 30mins	£15	approx 30mins	£15	Hopi ear candles
Red light therapy 15 minutes	£5	15 minutes	£5	Red light therapy

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Remedial massage 30mins (back, neck, shoulders)	£20	30mins (back, neck, shoulders)	£20	Remedial massage
60mins (full body)	£35	60 mins. (Full body)	£35	
Aromatherapy massage 30mins (back, neck, shoulders)	£20	30mins (back, neck, shoulders)	£20	Aromatherapy massage
60mins (full body)	£35	60mins (full body)	£35	

Lymphatic drainage 20mins	£10	20mins	£10	Lymphatic drainage
		30mins	£15	
Hot stone massage 75mins	£40	75mins	£40	Hot stone massage
Reiki 60mins	£25	60mins	£25	Reiki

**Monthly specials, gift vouchers available
vouchers available**

Monthly specials, gift

**Therapists are; Amanda Hoggarth MAR., C.H.A.(Indian Head)
Therapists are; Amanda Hoggarth MAR., C.H.A.(Indian Head)
Ange MacKenzie-Wood. LLSA, MIFA, LCSP(assoc)
Ange MacKenzie-Wood. LLSA, MIFA, LCSP(assoc)**

**Massages are with Ange and all other therapies are with Amanda
other therapies are with Amanda**

Massages are with Ange and all

**Details of the above therapies can be found on The Soul House
can be found on The Soul House website.
website**

Details of the above therapies

36 Priestgate, Darlington. DL1 1NG
1NG

36 Priestgate, Darlington. DL1

Opposite The Kings Hotel

Opposite The Kings Hotel

Prices

No appointment necessary for Garra fish unless specific time required or spa is busy

Garra Rufa Spa treatments: Feet -	15minutes
£10	
	35minutes
£20	
	Hands - 5minutes
£5	

The following are appointment based

Reflexology: Feet -	30minute sessions for general well being	£15
	60minute sessions for acute or chronic conditions	£25

Hands - 20minute sessions for general well being
£10

30minute sessions for acute or chronic
conditions £18

Indian head massage:
minute session £15 30

Reiki £25 60minutes

Holistic facial:
£25 45minutes

Holistic facial massage:
60minutes £30

Luxury Manicure: 60minutes	£15	45-
Luxury Pedicure: 60minutes	£15	45-
Luxury Manicure/pedicure together: 90minutes	£25	60-
Hopi ear candles 30mins	£15	approx
Garra + luxury manicure Garra session	£20	5minute
Garra + luxury pedicure Garra session	£25	15minute

Garra + manicure + pedicure (Garra session)	£35	(as above for £35
Remedial massage (back, neck, shoulders)	£20	30mins
body)	£35	60mins (full
Aromatherapy massage (back,neck,shoulders)	£20	30mins
body)	£35	60mins (full
Lymphatic drainage £10		20mins
£15		30mins

Hot stone therapy (approx.)	£40	75mins
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Red light therapy £5		15mins
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**Therapists are; Amanda Hoggarth
MAR., C.H.A.(Indian Head)
Ange MacKenzie-Wood.
LLSA, MIFA, LCSP(assoc)
Kiera MacKenzie-Wood
(Reiki Practitioner)**