## Reiki

£25.00 1 hour session £20.00 Distant Healing

Block of 4 sessions £80.00

A Reiki session lasts for about an hour and consists of a consultation, treatment, advice and aftercare.

## **Theta Healing**

Free Consultation

£30.00 1 hour session (Introductory price)

## Natural Face Lift Massage

£30.00 Approx 45 minutes Block Of 4 Treatments £95.00

Gift Vouchers available.

10% discount to all Fire Services and NHS staff