



## **PRICE LIST**

### **2014**

Initial fitness assessment and workout (1½ hours) = £50

Individual workout (1 hour) = £35

Course of 5 x 1 hour sessions = £165 (£33 each - save £10)

Course of 11 x 1 hour sessions = £350 (£31.80 each - save £35)

Course of 15 x 1 hour sessions = £450 (£30 each – save £75!)

## **TERMS AND CONDITIONS**

Courses must be completed within 6 months.

Courses are non-refundable without a Doctors letter.

Courses are non transferable unless the new client books an initial assessment.

There is a 24-hour cancellation policy; if you cancel your appointment with less notice you will be charged the full amount.

There is no extra charge if more than one person trains at the same time.

You can pay by cash, cheque or bank transfer.

### **Bank details for bank transfers:**

Mrs Suzina L Blackman

Bank: HSBC

Sort code: 40-46-08

Account: 41493701

Contact Suzina Blackman on **07930 302 102**

[www.homefitnessherts.co.uk](http://www.homefitnessherts.co.uk)

email: [suzina@homefitnessherts.co.uk](mailto:suzina@homefitnessherts.co.uk)