



PRICE LIST

2014

Initial fitness assessment and workout (1½ hours) = £50

Individual workout (1 hour) = £35

Course of 5 x 1 hour sessions = £165 (£33 each - save £10)

Course of 11 x 1 hour sessions = £350 (£31.80 each - save £35)

Course of 15 x 1 hour sessions = £450 (£30 each – save £75!)

Contact Suzina Blackman on **07930 302 102**

www.homefitnessherts.co.uk

email: suzina@homefitnessherts.co.uk