

EDEN

express winter 13/14



t : 020 7803 1212

f : 020 7803 1213

e : orders@eden-caters.co.uk

w : www.eden-caters.co.uk

order deadline: 16:30 prior day for assured delivery time
Menu valid from 1st October 2013 to 31st January 2014

all fresh meat and fish are from the United Kingdom sandwiches

vegetarian

Egg Mayonnaise & Cress (v) free range eggs with mustard cress on malted grain	£2.95	<input type="checkbox"/>
Moroccan Houmous (vegan) our own houmous with cumin, coriander & cinnamon, sautéed peppers and lettuce in multi seeded bloomer	£3.10	<input type="checkbox"/>
Red Leicester & Tomato (v) farmhouse Leicester with chopped fresh chive and sliced tomato on white	£3.00	<input type="checkbox"/>
Roast Mushroom and Mozzarella Wrap (v) roast field mushroom, tomato tapenade, mozzarella and lettuce in a soft tortilla wrap	£3.15	<input type="checkbox"/>
Tofu & Satay Wrap (vegan, contains nuts, d) baked tofu with satay sauce, carrot, cucumber and mint in a soft tortilla wrap	£3.15	<input type="checkbox"/>
Cheddar & Pear Chutney (v) cheddar with our own Kent pear chutney, on malted grain	£3.05	<input type="checkbox"/>

meat

Gammon Ham & Mustard (d) slow baked gammon with English mustard on white	£3.05	<input type="checkbox"/>
Gammon Ham & Celeriac Coleslaw (d) our slow baked ham with lashings of celeriac 'slaw on multi seeded bloomer	£3.15	<input type="checkbox"/>
Pork & Leek Sausage & Egg (d) leek & pork sausage with boiled free range egg and homemade tomato chutney on wholemeal	£3.05	<input type="checkbox"/>
Roast Chicken Salad (d) sliced roast breast of rosemary chicken with mixed leaf, tomato, and mayonnaise on wholemeal	£3.05	<input type="checkbox"/>
Pesto Chicken Bagel roast chicken with green pesto and mixed leaf in a seeded bagel	£2.95	<input type="checkbox"/>
Christmas Sandwich (contains nuts) december only - roast breast of turkey with stuffing, redcurrant jelly and leaf salad on multi seeded bloomer	£3.40	<input type="checkbox"/>
Turkey with Blackberry Wrap turkey with Hampton blackberries, roast bramley apples and winter greens in a wrap	£3.15	<input type="checkbox"/>
Rare Roast Beef & Horseradish thinly sliced rare roast beef with homemade horseradish cream & lettuce on multi seeded bloomer	£3.20	<input type="checkbox"/>

fish

Smoked Salmon with cream cheese, lemon and black pepper on wholemeal bread	£3.10	<input type="checkbox"/>
Smoked Mackerel in Pretzel chopped smoked mackerel with lemon, crème fraiche, horseradish and crisp leaves in a pretzel roll	£3.05	<input type="checkbox"/>
Prawn with Lime & Ginger north east Atlantic prawns with a lime and ginger mayo and lettuce on wholemeal	£3.10	<input type="checkbox"/>
Poached Salmon & Fennel salmon with yoghurt, fennel, parsley and cucumber on malted grain	£3.15	<input type="checkbox"/>

set platters

Rustic Platter Six speciality breads and rolls (Pretzel, whole grain, seeded, bagel) generously filled (2 veg, 3 meat, 1 fish) and served on one platter	£21.00 platter	<input type="checkbox"/>
Wrap Platter (contains nuts) Six wraps of the following: 2 x Turkey & Blackberry Wrap, 2 x Roast Mushroom and Mozzarella Wrap, 2 x Tofu & Satay Wrap	£18.80 platter	<input type="checkbox"/>
Classic Sandwich Platter One each of the following: Egg Mayonnaise & Cress, Mature Cheddar & Pear Chutney, Gammon Ham & Mustard, Roast Chicken Salad, Roast Beef, Smoked Salmon	£18.30 platter	<input type="checkbox"/>
Contemporary Sandwich Platter (contains nuts) One each of the following: Tofu & Satay, Mushroom & Mozzarella, Pesto Chicken Bagel, Turkey with Blackberry, Smoked Mackerel, Salmon & Fennel	£18.60 platter	<input type="checkbox"/>
Mixed Sandwich Platter One each of the following: Egg Mayonnaise & Cress, Moroccan Houmous, Gammon Ham & Celeriac Coleslaw, Roast Beef Horseradish, Smoked Mackerel, Prawn with lime	£18.55 platter	<input type="checkbox"/>
Meat Sandwich Platter One each of the following: Pesto Chicken Bagel, Gammon Ham & Mustard, Pork & Leek Sausage & Egg, Roast Chicken Salad, Turkey & Blackberry Wrap, Roast Beef Horseradish	£18.45 platter	<input type="checkbox"/>
Fish Sandwich Platter the following: 2 x Smoked Salmon, Smoked Mackerel, 2 x Prawn with Lime & Ginger, Poached Salmon & Fennel	£18.60 platter	<input type="checkbox"/>
Vegetarian Sandwich Platter (v, contains nuts) One each of the following: Egg Mayonnaise & Cress, Moroccan Houmous, Tofu & Satay Wrap, Red Leicester with Tomato, Mushroom & Mozzarella Wrap, Cheddar & Pear Chutney,	£18.40 platter	<input type="checkbox"/>
Finger Buffet Platter Three of each of the following finger buffet on one platter (12 in total): Seed Flan (v), Seasonal Root & Caraway Chips (v), Cumin Chicken brochette, Jamaican Patties,	£19.00 Platter	<input type="checkbox"/>

executive presentation

select executive presentation for special occasions. Food will be on very smart white platters with chocolates for each guest. 15% surcharge

Your Name:

The Company:

Address:

Telephone:

Email:

Guest Nos:

Delivery Date:

Delivery time before:

Purchase Order No:

Dietary legend: v = vegetarian. g = gluten free. d = dairy free

finger buffet

Seed Flan (v) baby tomato with goats cheese and toasted pumpkin seeds on short pastry.	£1.75	<input type="checkbox"/>
Red Onion Tart Tatin (v) caramelised red onion up side down tart.	£1.55	<input type="checkbox"/>
Samosa (vegan) the classic Indian vegetarian snack	£1.60	<input type="checkbox"/>
Kettle Crisps (v) with salsa dip	£0.95	<input type="checkbox"/>
Brie & Blackberry Crostini (v) Hampton blackberries with brie and celery on ciabatta crostini	£1.60	<input type="checkbox"/>
Root Vegetables & Caraway Chips (vegan, g) chunky seasonal roots roasted with caraway seeds & cayenne	£1.60	<input type="checkbox"/>
Tomato & Basil Parmesan (v, g) sun dried tomato rolled in basil and shaved grana padano	£1.55	<input type="checkbox"/>
Mushroom Crostini (v) pan fried mushroom, garlic and parsley on ciabatta crostini	£1.55	<input type="checkbox"/>
Thal Fish Cake Coley, lemon grass and ginger served with sweet chilli sauce	£1.65	<input type="checkbox"/>
Scotch Egg homemade scotch egg with sage and free range eggs (1/2 per ptn)	£1.55	<input type="checkbox"/>
Cumin Chicken & Honey Squash Brochette (g) chicken breast baked in cumin, coriander & yogurt with honeyed glazed squash	£1.60	<input type="checkbox"/>
Jamaican Beef Pattle seasonal root vegetable and beef pattle	£1.65	<input type="checkbox"/>
Salmon Teriyaki Brochette (g) fresh salmon in teriyaki marinade	£1.70	<input type="checkbox"/>

salad boxes

NEW SALADS

generous individual boxes complete with a fork and dressing

Sticky Satay Tofu (vegan, contains nuts, g) with zesty carrot, radish, cucumber, spring onion, mint, lime & black sesame seeds with satay sauce	£5.10 each	<input type="checkbox"/>
Cheddar & Onion (v, g) Isle of Mull cheddar, roasted onion with cranberry and apple salad	£5.10 each	<input type="checkbox"/>
Pea & Gammon Ham (g) with new potatoes, spring onion, herb yoghurt and mixed leaf	£5.35 each	<input type="checkbox"/>
Chicken & Pesto Pasta Griddled chicken on pesto orzo pasta with mixed leaves and gran padano	£4.95 each	<input type="checkbox"/>
Poached Salmon (g, d) beetroot and fennel with poached salmon, watercress, dill dressing and toasted quinoa.	£5.25 each	<input type="checkbox"/>

fruit

Fruit Kebab Honey and chocolate drizzled fruit kebab	£1.40 each	<input type="checkbox"/>
Small Whole Fruit Platter for 5-10 people	£12.90 each	<input type="checkbox"/>
Large Whole Fruit Platter for 10-15 people	£17.50 each	<input type="checkbox"/>
Cut Fruit Platter several peeled & piped fruits ready to eat.	£15.50 each	<input type="checkbox"/>
For 8-12 people		
Cut Fruit per Person peeled & piped, cut fruits ready to eat.	£2.25 p/p	<input type="checkbox"/>

cakes

Cake Platter a selection of eight cakes from the selection below	£12.80	<input type="checkbox"/>
Ginger Cake iced and moist	£1.70	<input type="checkbox"/>
Muffin mixed flavours	£1.55	<input type="checkbox"/>
Apricot Flapjack deliciously oaty, chewy, tart and sweet	£1.65	<input type="checkbox"/>
Fruit Fool Tart orange fool in tart crowns (2 per portion)	£2.15	<input type="checkbox"/>
Apple & Walnut Loaf topped with a caramel glaze	£1.55	<input type="checkbox"/>
American Cookies: 2 per ptn mix of double choc & milk choc	£1.55	<input type="checkbox"/>
Mince Pies x 2 (December only)	£1.75	<input type="checkbox"/>

drinks

Ginger & Lemongrass Presse 1 Litre bottle - ready to drink	£3.25	<input type="checkbox"/>
Freshly Squeezed Orange Juice A 250ml individual serving	£1.65	<input type="checkbox"/>
Orange Juice 1 litre chilled carton	£2.45	<input type="checkbox"/>
Cranberry Juice 1 litre chilled carton	£2.70	<input type="checkbox"/>
Apple Juice 1 litre chilled carton	£2.60	<input type="checkbox"/>
Still Water 1 Litre bottle	£1.95	<input type="checkbox"/>
Sparkling Water 1 Litre bottle	£1.95	<input type="checkbox"/>

cheese

Cheese Board Colston Bassett Stilton, Laurs Farm Hereford Hop and Ford Farm's Dorset Red served with grapes, celery, butter, a selection of crackers and a knife.	£3.60 p/p	<input type="checkbox"/>
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disposables

Clear disposable cup	13p each	<input type="checkbox"/>
Disposable Knife (wood)	8p each	<input type="checkbox"/>
Paper side plate	13p each	<input type="checkbox"/>

EDEN



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express winter 13/14 set menus

order deadline: 16:30 prior day for assured delivery time
Menu valid from 1st October 2013 to 31st January 2014

These menus enable you to order quickly, a quality sandwich/finger buffet lunch at a price to suit your budget. All the sandwiches and buffet items are selected by us from this season's list over. You simply select the menu which matches your requirements and order for the number of people you are catering for. The food is served on semi disposable platters with a serviette for each guest. Unwrapping is the only requirement. See lists over if you wish to select your own items. Please keep the platters for recycling by us. If you want an even smarter presentation select "Executive Presentation". Your food will then be on white china-like platters with chocolates for each guest!

willow

Sandwiches including 1.5 rounds per person selected from this season's range. Generally a mix of a third vegetarian, a third meat and a third fish:

Finger Buffet 2 per person (min of 3 types) selected by us from list over

Kettle Crisps 1/2 portion per person

Cut Fruit peeled and cut into pieces

Cakes 1/2 portion per person

Cheese Board 1 portion per person

£13.10
p/p

maple

Sandwiches including 1 round per person selected from this season's range. Generally a mix of a third vegetarian, a third meat and a third fish:

Finger Buffet 2 items per person selected by us from the current menu

Kettle Crisps with dip

Fruit 1.5 pieces of whole fruit per person

£8.55
p/p

magnolia

Sandwiches including 1 round per person selected from this season's range. Generally a mix of a third vegetarian, a third meat and a third fish:

Finger Buffet 2 per person (min' of 3 types) selected by us from list over

Tortilla Chips with dip

Cut Fruit 1 portion per person

Cheese Board 1 portion per person

£12.30
p/p

lilac

Sandwiches including 1 round per person selected from this season's range. Generally a mix of a third vegetarian, a third meat and a third fish:

Finger Buffet 2 per person (min of 3 types) selected by us from list over

Cut Fruit 1 portion per person

£8.40
p/p

camellia – a menu with extra finger buffet

Sandwiches including 1 round per person selected from this season's range. Generally a mix of a third vegetarian, a third meat and a third fish:

Finger Buffet 4 items per person selected by us from

list over (minimum of 3 types will be selected)

Cut Fruit 1 portion per person

£10.24
p/p

rowan

Sandwiches including 1.5 rounds per person selected from this season's range. Generally a mix of a third vegetarian, a third meat and a third fish:

Tortilla Chips with dip

Cut Fruit 1 portion per person

£7.70
p/p

jasmin

Sandwiches including 1 round per person selected from this season's range. Generally a mix of a third vegetarian, a third meat and a third fish:

Finger Buffet 2 per person (min' of 3 types) selected by us from list over

Tortilla Chips with dip

Cakes 1/2 per person

Fruit Kebabs 1.25 per person

£9.60
p/p

hawthorn

Sandwiches including 1.5 rounds per person selected from this season's range. Generally a mix of a third vegetarian, a third meat and a third fish:

Cut Fruit 1 portion per person

£6.95
p/p

HOW TO ORDER

- 1) order on line at www.eden-caters.co.uk or
- 2) photocopy this menu and mark up the copy with your order & details. fax the copy to 020 7803 1213. We will confirm receipt of your order by email. Keep the original menu for future orders.

THE SMALL PRINT—Express Menu

In order to secure delivery for your required time, please order before 16:30 prior day
Please ring us if placing an order for same day delivery
Express Menu food is served on recyclable platters—please keep them for collection later
Sandwiches can be packaged in boxes if required
Substitutions may have to be made without notice, particularly for late orders
Orders may be delivered up to one hour before the required time
Delivery of the Express Menu can be made between 10.00-19:00pm Mon to Fri.
Deliveries within our central London delivery zone are FOC from 7:45 -17:00.
All other times and locations will incur a delivery charge
Weekend deliveries are possible but please call to discuss arrangements
Orders cancelled or reduced after 16:30 prior day will be charged at 50%
Orders cancelled or reduced after 9.00am same day will be charged in full
Orders under £20 (net of VAT) will attract a £5 service charge
Whenever possible we indicate when an item contains nuts, however some recipes and ingredients may change without notice
Serviettes are provided free of charge with every order. Plates are not provided
Crockery and cutlery are available to hire if required—see Equipment menu
VAT is chargeable on certain items e.g. Set Menus, crisps, drinks

drinks

Elderflower Presse 1 Litre bottle – ready to drink	£2.60	<input type="checkbox"/>
Freshly Squeezed Orange Juice A 250ml individual serving	£1.65	<input type="checkbox"/>
Orange Juice 1 litre chilled carton	£2.45	<input type="checkbox"/>
Cranberry Juice 1 litre chilled carton	£2.70	<input type="checkbox"/>
Apple Juice 1 litre chilled carton	£2.60	<input type="checkbox"/>
Still Water 1 Litre bottle	£1.95	<input type="checkbox"/>
Sparkling Water 1 Litre bottle	£1.95	<input type="checkbox"/>

cheese

Cheese Board Colston Bassett Stilton, Laurels Farm Hereford Hop and Ford Farm's Dorset Red served with grapes, celery, butter, a selection of crackers and a knife.	£3.60 p/p	<input type="checkbox"/>
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disposables

Clear disposable cup	13p each	<input type="checkbox"/>
Disposable Knife	8p each	<input type="checkbox"/>
Paper side plate	13p each	<input type="checkbox"/>

executive presentation

select executive presentation for special occasions. Food will be on very smart white platters with chocolates for each guest.

15%
surcharge
tick

Your Name:

The Company:

Address:

Telephone:

Email:

Guest Nos:

Delivery Date:

Delivery time before:

Purchase Order No: