

Express

Bangalore

à la carte

menu

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Crispy poppadums Big bowl of poppadums with our own special chutneys **£3.00**

(Small) Plates

Indian tapas & tandoori dishes to mix & share

Golden fried prawns with chilli jam **£7.50**

Tandoori tiger prawns marinated in lime pickle **£7.50**

Chilli squid **£5.50**

Banana leaf wrapped salmon with dill **£7.00**

Indo-Chinese chilli fish **£6.00**

Duck, cashew nut & mango roll **£6.00**

Green chilli & garlic chicken tikka **£6.00**

Indo-Chinese chilli chicken **£6.00**

Cumin (Zeera) chicken niblets **£6.00**

Spiced lamb 'scotch egg' **£6.00**

Tandoori lamb chops **£8.50**

Tandoori lamb tikka **£8.50**

Onion & spinach bhajis (V) **£5.00**

Crispy potato bhajis (V) **£5.00**

Indo-Chinese chilli rice cakes (idlis) (V) **£5.50**

Indo-Chinese chilli falafel (V) **£5.50**

Indo-Chinese chilli cassava (mogo) chips (V) **£5.50**

Indo-Chinese chilli paneer (V) **£6.00**

Spinach & potato cakes (hara kebab) (V) **£5.50**

Vegetable mash with all butter brioche (pao bhaji) (V) **£6.50**

Vegetable samosas with spicy chickpea curry (samosa chaat) (V) **£6.00**

Savoury lentil doughnuts in a spicy lentil broth (wada sambhar) **£5.50**

Tandoori paneer cheese tikka with curry leaves (V) **£6.00**

Sharing Platters

Suitable for 2-3 people

Tandoori mixed grill meat platter with prawns, chicken tikka & lamb chops **£20.00**

Indo-Chinese vegetarian platter with chilli paneer, falafel & idlis (V) **£16.00**

Vegetarian platter with paneer tikka, tandoori vegetables & potato bhajis (V) **£16.00**

Big Plates

Culinary inspirations from around the world get a spiced treatment

Indian fish & chilli chips **£10.50**

Spicy chicken, onion & pepper pizza **£9.50**

Burmese chicken & noodles (kau souye) **£11.50**

Tandoori chicken burger & chilli chips **£9.50**

Tandoori chicken (half) & chilli chips **£10.50**

Lamb burger & chilli chips **£10.50**

South African lamb curry in a bread shell (bunny chow) **£11.50**

Caribbean curried goat with rice, plantain chips & sweet potatoes **£12.50**

Paneer bhurji mash pizza (V) **£9.50**

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Dosa

A classic South Indian delight!

Rice & lentil giant crêpes, served with masala mash, sambhar lentil curry & coconut chutney

Choose hot chilli or plain batter

Choose stuffings:

Prawn poriyal **£12.50**

Chicken tikka, peppers & onions **£10.50**

Lamb mince & peas **£10.50**

Paneer mash (bhurji) (V) **£9.50**

Masala mash (V) **£7.50**

Old favourite dishes

Traditional dishes to share

Grilled seabass fillets with curry leaf broth & red onions **£16.50**

Red mullet fish in Keralan curry (meen malabari) **£12.50**

King fish in Bengal mustard curry (macher jhol) **£12.50**

Chicken tikka in a smooth tomato curry (butter chicken) **£10.50**

Chicken cooked in a rich onion & tomato curry (chicken lababdar) **£10.50**

Chicken cooked on a griddle plate with whole spices (tawa chicken) **£10.50**

Chicken supreme stuffed with spinach in a rich mild curry (chicken pasanda) **£11.50**

Duck breast in pickling spices (achari batak) **£13.50**

Minced lamb & green pea curry (keema matar) **£10.50**

Egg & minced lamb kofta curry (nargisi kofta) **£10.50**

Lamb in pureed spinach curry (saag gosht) **£11.50**

Indian railway mutton curry (aloo gosht) **£11.50**

Lamb chops in yoghurt & green chilli curry (qalia) **£14.50**

Diced lamb in a rich mild curry (gosht shahi korma) **£11.50**

Thalis

A hearty meal for **one** person **£14.50**

Served with lentils, raita, potato, onion bhaji, salad, papad, naan or spinach roomali roti bread & rice

Choose fish curry, chicken curry, lamb curry, or prawn curry (add £2.50)

South Indian vegetarian Thali (V) **£13.50**

Build Your Own

CURRY PLATE MATRIX £12.50

Try a new combination each time. Comes with a side salad & plain naan bread

1. Choose between

Prawns (add £2.50)
Fish
Chicken
Duck
Lamb
Vegetables
Paneer

2. Choose a curry

Mild korma
Medium tikka masala
Medium rogan josh
Medium do-piazza
Hot & sweet dhansak
Green chilli hot jalfrezi
Fire cracker fiery phaal

3. Choose a side

Masala mash
Mushroom & peas
Spinach & potato
Lentils
Chickpeas
Cucumber raita
Vegetable samosa

Choose a rice

Plain
Pilau
Tamarind
Mushroom
Spinach
Lemon chilli
Brown

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Vegetarian Delights (v)

Finally something exciting for the vegetarians & vegans

Chilli chips **£3.00**

Paneer cheese & green pea mash (paneer bhurji) **£6.00**

Vegetable kofta curry **£5.50**

Minted spinach & potato or paneer curry (saag aloo or saag paneer) **£6.00**

Paneer in a rich onion & tomato curry (paneer lababdar) **£6.50**

Mushroom & pea curry (shabnam curry) **£5.50**

Roasted aubergine & green pea mash (baigan bharta) **£6.00**

Baby aubergine in peanut curry (bagare baigan) **£6.50**

Crispy okra (kurkuri bhindi) **£6.50**

Beans, cabbage & peppers with coconut (poriyal) **£5.00**

Potatoes with onions & tamarind juice (madrasi aloo) **£4.50**

Chickpea & coconut curry (andhara chana) **£5.00**

Creamy black lentils (dal makhani) **£5.00**

Yellow lentils (tarka dal) **£4.00**

Cucumber raita **£3.00**

Indian green salad **£3.00**

Handi Biryanis

Served with curry sauce, raita & salad

Choose between chicken, duck or lamb **£12.50**

Black tiger prawns **£14.00**

Vegetarian (V) **£10.50**

Breads

Naan: plain, garlic **£2.50**

Naan: butt, peshwari,
onion & dill, chilli-garlic **£3.00**

Naan: Minced lamb (keema) **£3.50**

Kulcha: stuffed with spiced potatoes
(Amritsari kulcha) **£3.00**

Wholemeal mint **parantha**
or spinach **roomali** **£3.00**

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Rice

Basmati rice, pilau rice **£3.00**

Mushroom rice, spinach rice,
tamarind rice, lemon n chilli rice,
brown basmati rice **£3.50**

Children's meals each £7.00

**All children's meals are served with
mild chat masala chips, a soft drink
or juice & ice cream**

Dosa meal with regular dosa of
chicken or vegetables

Curry & rice plate with either
chicken or vegetables in a mild
korma or medium tikka masala curry

Chappati wrap meal with chicken or
onion bhaji



- * Wherever possible our ingredients are fresh, not frozen, organic not intensively farmed, locally sourced, or if not, Fairtrade, not free trade
- * All our meats are from certified Halal suppliers
- * Childrens meals available for under 12's only
- * We do not use any artificial colouring or flavourings in our cooking
- * All dishes may contain traces of nuts and bones in meat dishes
- * All prices include VAT
- * A discretionary 12.5% service charge will be added to your bill

Desserts

Delhi malai kulfi falooda **£4.50**

Kulfi on a stick – mango or pistachio **£4.00**

Gajar ka halwa & Cornish clotted cream **£4.50**

Gulab jamun & vanilla ice cream **£4.50**

Chenna mango ras malai **£6.00**

Sticky toffee pudding with vanilla ice cream **£5.00**

Crème caramel with fruit cocktail **£4.00**

Chocolate & orange soufflé **£4.50**

Coconut ice cream in a shell **£4.50**

Ice creams, sorbet, frozen yoghurt: **£3.00**

Chocolate chip

Maple & walnut

Almond & cardamom

Green tea

Cassatta ice cream slice

Children's toy ice cream

Orange sorbet

Watermelon ice lolly

Strawberry frozen yoghurt (low fat)