

SMALL PLATES

★
THE BEST SOUPS IN LONDON
★
STILL ONLY £3.00!



Soups Of The Day



Two homemade soups are made by our loving kitchen every day. One has meat, the other doesn't, but they are both massive 16oz servings. That's 400ml in Poland. Served with homemade bread and a dab of butter. And yes, they are the best soups in London.

Pierogi Half Portion



Need your 'fix' but want to leave room for something else? Check out the pierogi section to the right for flavours, toppings and price and ask for the 5 piece starter size. Make sure you tell us if you want your starters first.

Roasted Chicken Wings



When you have this many beautiful Polish beers on hand, you need to have wings. Ours are baked and then grilled, not deep fried. You're going to need extra napkins.

Sałatka Jarzynowa



This Polish classic is sometimes referred to as Russian salad. But it's Polish. And amazing. Carrots, egg, parsnip, celeriac and gherkin all mixed up with mayo and served with bread.

Fried Kaszanka



Now served with our homemade bread, this Polish version of black pudding is fried up with onion and accompanied by a horseradish and beetroot garnish and Polish ogórki kiszzone (gherkin).

Wątróbki



Tender chicken livers sautéed in a creamy sauce served with two slices of bread and butter.

Smalec



And this pate is for those of us who would rather die happy than live longer. You simply cannot find a spread that comes closer to being pure lard and yet tastes so damn good. Served with our homemade bread and ogórki kiszzone. Somebody get the vodka and call a cardiologist!

Minced Pork Krokiet



This is the traditional Polish croquet, made with our minced pork filling, Served with a cup of Barszcz.

Mama's Cheesy Krokiet NEW!



And this one is our own creation, and OMG Mama likes it BIG TIME. A breaded and deep fried croquet stuffed with fried button mushrooms and cheese served with a cup of Barszcz. Even the Barszcz is meat-free so it's great for veggies. (See? Mama DOES love everybody, despite the abuse.)

BIG PLATES



Flip over to choose your salad



All of our main courses come with a suggested carb and/or salad. We will give it to you automatically, but if you want, you can switch one carb for another carb, or one salad for another salad because our aim is to please! But please don't ask to switch a carb for a salad or vice versa. Computer says no.

Schabowy



Say it. SA-BO-VE. Our top seller just keeps on converting newbies to the delights of the Polish kitchen year after year. A pork loin steak, smashed flat - sorry, tenderised - dipped in flour, egg and bread crumbs, then gently pan fried. Served with mashed potato and carrot and leek salad.

Crowned Schabowy



Because we never get bored of schabowy, that's why! This beauty is a schabowy topped off with fried button mushrooms and cheese, served with potato and carrot and leek salad.

Placki Ziemniaczane



Oven-fried potato pancakes in a stack that will make your jaw drop, which is good because you are going to need the extra space to fit it in.

Topped with:

Pork gulasz, veggie leczko, mushroom sauce or sour cream £7.80

Or with beef gulasz £8.25

Slow Roasted Pork Belly NEW!



Pressed and cooked at a low heat for hours, this fabulous creation is served with a beetroot and mushroom sauce poured over a mound of buckwheat with kapusta kiszona salad on the side.

Beef Burger



It's big, and it is BACK! We have had so much fun watching each other tackle this monster all summer that we decided to keep it on the menu through the winter as well. Served with chips and ogórki, this is 9oz (225g) of pure seasoned beef fried on the grill, plated up on a freshly cut brioche bun, saddled with tomato and lettuce and dressed with our own burger sauce. Polish? Maybe yes, maybe no. But who the hell cares?!? Be careful of your tie, which you should have removed by now anyway, come to think.

Pork Gulasz



This Polish version of the European standard is pork, onion and gravy. Sometimes simple is best. Served with potato, with not a vegetable in sight.

Beef Gulasz



Choice beef trimmed and fried with onions, then stewed to produce a rich gravy. Served with bread and butter.

Special Of The Day



Ask your Service Star what today's creation is.

Leczo



The winter version of this classic vegetarian stew has all the peppers of the summer version, but with some courgette added in for good measure. Served with our fresh mashed potato.

Gołąbki



Cabbage rolls with pork meat and rice, served with fresh mashed potato and smothered lovingly with our homemade tomato sauce.

Veggie Gołąbki NEW!



Cabbage rolls stuffed with buckwheat, beans and vegetables, served with fresh mashed potato and smothered just as lovingly with our homemade mushroom sauce.

Ryba



A breaded and pan-fried fish fillet served with chips and kapusta kiszona salad.

Bigos



Back for the winter and ready for another season of converts. This quintessential Polish stew includes kapusta kiszona, fresh cabbage, sausage, pork sholder, bacon, mushrooms and frankly whatever else is laying about in the kitchen not tied down. We serve it with mashed potato but (as always) you can ask for bread and butter instead.

Slow Roasted Pork Karkówka



This thick and tender cut is plated up with buckwheat and smothered with a lovely brown gravy, served with warm beetroot.

Kurczak Panierowany



We thought it was time for some more Polish. Don't want you to lose your touch. This tender breaded chicken breast is served with potato and white cabbage.

Kielbasa and Mash NEW!



Our Polish spin on an English classic. A nice large Śląska sausage served over a generous helping of mashed potato, topped with an equally generous helping of sweet caramelised onion gravy and accompanied by a kapusta kiszona side salad. A perfect joining of two culinary traditions!



★ PIEROGI ★

Poland's half-moon shaped classic stuffed dumplings with a soft doughy exterior. We make our own here in our kitchen and boil them to order. Allow 10 minutes, more if we are busy. If you don't like our topping suggestion, tell your server and we'll switch it!

Fillings:

Ruskie 5 pcs £3.50 10 pcs £7.00

Blended potato, white cheese and onion. Topped with bacon and onion.

Goat Cheese and Spinach 5 pcs £4.00 10 pcs £8.00

Topped with onion.

Mama's Own 5 pcs £4.00 10 pcs £8.00

NEW! Sauerkraut, onion, mushroom and sausage. Topped with bacon.

Pork 5 pcs £3.75 10 pcs £7.50

Topped with bacon and onion.

Beef 5 pcs £4.50 10 pcs £9.00

Served with sour cream on the side.

ROASTED CHICKEN WINGS



KROKLET WITH BARSZCZ



CROWNED SCHABOWY



SLOW ROASTED PORK BELLY



GOŁĄBKİ



BURGER



LEEK AND CARROT SALAD



ICE CREAM HOT CHOCOLATE SUNDAE



VODKA



SIDES

ALL £1.35

- Carrot and Leek
- Kapusta Kiszona
- Ogórki Kiszone (Gherkin)
- White Cabbage Salad With Oil Dressing
- Beetroot (Served Warm)
- Vegetable Of The Day
- Bread With Butter
- Kasza Gryczana (Buckwheat)
- Potato
- Frytki (Skinny Chips)



★ FRESH BAKED BREAD ★
we make our own bread on site every day!

SAUCES

★ 50p ★

- Tomato
- Mushroom
- Beef Gulasz Gravy
- Pork Gulasz Gravy
- Sour Cream

DESSERTS

- Szarlotka **£3.75**
Classic apple cake served warm with a scoop of Cornish ice cream.
- Sernik **NEW!** **£4.30**
Of the thousands of versions out there, our chocolate-marble take on the classic Polish baked cheese cake will have your mouth watering for more. Try it with a thick hot chocolate shot.
- Naleśniki
Polish crepes served warm with the topping of your choice. Or hold the topping and just sprinkle sugar on them.
- Plain, or Topped with Jam or Nuttella™ **£3.50**
- z Serem - Stuffed with sweet cheese **£4.20**
- Cornish Ice Cream Hot Chocolate Sundae **£4.20**
- Marlenka Honey Cakes **£2.95**



(walnut, citrus, or chocolate) Almost from Poland, these beauties are made right across the border in the Czech Republic.

GET A LOYALTY CARD TODAY AND GET 5%
BACK IN POINTS WITH EVERY PURCHASE!

COLD DRINKS & MIXES

- Kompot **£1.00**
We make it ourselves, just like a good Polish mother does! Usually apple, with other seasonal fruits when available.
- Lemoniada **£1.00**
So damn good! Made fresh on site from real lemons.
- Kubuś **300ml £1.40**
Blended carrot and other juices. The only product on earth truly loved by both kids and vegetarians.
- Mineral Water **500ml £1.30**
From the sweet, pure Polish earth! Sparkling or still.
- Tonic **200ml £1.00**
- Coke, Diet, Fanta, Sprite **330ml £1.40**
- Fresh squeezed OJ! **150ml £1.20 250ml £1.80**
- Juice **250ml £1.20 1l £4.00**
Apple, blackcurrant, cranberry.
- Love Smoothies™ **£3.00**
Choose from available flavours at the bar.



HOT DRINKS

- The Chocolate Shot **ONLY £1.75**
Melted, thick, dark chocolate in an espresso shot cup.
- Hot Chocolate **£1.25**
The thin 'boring but warming' one.
- Bean-to-cup Coffee **£1.25**
Espresso, cappuccino, latte, mocha or americano. Extra shot: £0.50
- Hampstead Tea **£1.00**
Choose from a selection of these delicious, organic, fair trade blends.
- Barszcz **£1.00**
A cup of our own homemade hot beetroot soup.

WE HAVE MORE
VODKA FLAVOURS
IN THIS JOINT
THAN THE KREMLIN
HAS ASSASSINS.

Choose from potato or rye, filtered or unfiltered, cherry or honey, spicy or sweet, white or purple, cold or ... even colder. If you find any of our vodkas cheaper elsewhere in London, go there. And take us with you!

VODKA

WINES

- GREAT WINE **£3.00** per 175ml **£12.00** per 750ml
- BETTER WINE **£4.00** per 175ml **£16.00** per 750ml
- SPLASH OUT! **£5.00** per 175ml **£20.00** per 750ml

POLAND'S FINEST

Ales, Lagers and
Ciders, all relentlessly
screened by Mama.



Mamuśka!

Polish Kitchen and Bar

MAIN MENU



COME ON MAMA!
WARM ME UP!