

## STARTERS

<b>KING PRAWN COCKTAIL, SERVED IN A HALF PINT</b>	<b>£4.95</b>
<b>CRISPY CALAMARI, GARLIC MAYONNAISE AND LEMON</b>	<b>£4.95</b>
<b>MUSHROOM RAREBIT</b> Sautéed portobello and oyster mushrooms, topped with a rich Davidstow mature Cheddar sauce and served on toasted farmhouse bread.	<b>£4.95</b>
<b>CHEESE &amp; BACON POTATO WEDGES</b> With melting mozzarella, Cheddar, smoked bacon and spring onion.	<b>£4.95</b>

## SHARERS

<b>THE COMBO</b> Crispy chicken breast fillets, potato wedges, onion rings, nachos, British whole-tail scampi and garlic flatbread, served with salsa, BBQ sauce, tartare sauce and a sour cream dip.	<b>£13.50</b>
<b>NACHOS SHARER</b> With mozzarella, Cheddar, jalapeños, salsa, guacamole and sour cream.	<b>£6.95</b>
<b>FISHERMAN'S BOARD</b> King prawns, crispy calamari, devilled whitebait, lemon-pepper-breaded scallops and British whole-tail scampi, with tartare sauce and spicy Marie Rose sauce.	<b>£13.50</b>

## FAVOURITES

<b>BBQ CHICKEN MELT</b> Grilled chicken breast, topped with smoked streaky bacon, mozzarella, Cheddar, spring onion and BBQ sauce.	<b>£9.95</b>
<b>AWARD-WINNING BEEF, BACON &amp; RED WINE PIE</b> Encased in shortcrust pastry, served with seasonal vegetables and buttery mash. Gold-medal winner, England's Best Steak Pie Competition, 2012.	<b>£10.50</b>
<b>PAPPARDELLE &amp; GOAT'S CHEESE PASTA</b> Sliced portobello mushrooms, in a creamy goat's cheese & rocket sauce, served with garlic flatbread and grana padano cheese.	<b>£8.95</b>
<b>CUMBERLAND SAUSAGES AND SPRING ONION MASH</b> With red wine gravy and sticky onion marmalade.	<b>£9.50</b>
<b>KING PRAWN, SMOKED BACON &amp; ASPARAGUS RISOTTO</b> With garlic flatbread and grana padano cheese.	<b>£10.95</b>
<b>GOAT'S CHEESE &amp; SWEET BALSAMIC ONION PIE</b> Filled with layers of goat's cheese, spinach, couscous and sweet balsamic onion, served with heritage potatoes and your choice of superfood salad or seasonal vegetables.	<b>£8.95</b>

## FISH

<b>BEER-BATTERED FISH AND CHIPS</b> With peas, tartare sauce and a lemon wedge.	<b>£10.95</b>
<b>SMOKED HADDOCK, SALMON &amp; KING PRAWN PIE</b> In a creamy sauce, topped with buttery mash and served with seasonal vegetables.	<b>£11.50</b>
<b>BRITISH WHOLETAIL SCAMPI AND CHIPS</b> With peas, tartare sauce and a lemon wedge.	<b>£9.95</b>

## UNDER 500 CALORIES

<b>AUBERGINE BAKE 410 CAL</b> Sliced aubergine, filled with orzo pasta, tomato, garlic, basil and pulses, coated with a cheese sauce and served with our superfood salad.	<b>£7.95</b>
<b>CAJUN CHICKEN BREAST</b>	
<b>SUPERFOOD SALAD 390 CAL</b>	<b>£8.95</b>


## BURGERS

Our improved, own-recipe, hand-pressed, char-grilled burger, served in a brioche bun, with beef tomato, mayonnaise, iceberg lettuce, gherkin, a pot of tomato & jalapeño relish and chips.

	10oz	7oz
<b>CLASSIC BURGER</b>	<b>£10.95</b>	<b>£9.95</b>
<b>EMMENTAL &amp; BACON BEEF BURGER</b>	<b>£11.95</b>	<b>£10.95</b>
<b>MEXICAN BURGER</b> Beef burger, dusted with Cajun spices and served with guacamole, jalapeños and sour cream.	<b>£11.95</b>	<b>£10.95</b>
<b>BEEF BURGER, TOPPED WITH CHORIZO AND A MANCHEGO CHEESE SAUCE</b>	<b>£12.50</b>	<b>£11.50</b>
<b>CHICKEN BREAST BURGER WITH EMMENTAL AND BACON</b>		<b>£10.95</b>
<b>CAJUN-SPICED VEGETABLE BURGER</b>		<b>£9.95</b>
 <b>UPGRADE CHIPS TO SWEET POTATO FRIES</b>		<b>£1.25</b>

## GRILLS

The following dishes are served with vine-roasted tomatoes, portobello mushroom, baby watercress and chips.

<b>8oz RUMP STEAK MATURED FOR 35 DAYS</b>	<b>£11.50</b>
<b>10oz RIB-EYE STEAK MATURED FOR 35 DAYS</b>	<b>£14.95</b>
 <b>ADD PEPPERCORN SAUCE</b>	<b>£1.50</b>
<b>GRILLED 8oz GAMMON STEAK AND A FRIED EGG</b>	<b>£9.50</b>

## SIDES

<b>CHIPS £2.95 / SWEET POTATO FRIES £3.25</b>
<b>POTATO WEDGES £3.25 / SEASONAL VEGETABLES £3.25</b>
<b>SUPERFOOD SIDE SALAD £2.95</b>
<b>GARLIC &amp; HERB FLATBREAD £2.95</b>
<b>GARLIC &amp; HERB FLATBREAD WITH MOZZARELLA AND CHEDDAR £3.50</b>
<b>CRISPY BEER-BATTERED ONION RINGS £2.25</b>

## 2-FOR-1 DESSERTS

ALL DAY, MONDAY-FRIDAY

<b>FIVE-LAYERED CHOCOLATE CAKE</b> Warm with ice cream.	<b>£4.95</b>
<b>STICKY TOFFEE PUDDING</b> Warm with rich toffee sauce and custard.	<b>£4.95</b>
<b>LUXURY BELGIAN CHOCOLATE BROWNIE</b> Warm with ice cream.	<b>£4.95</b>
<b>BRAMLEY APPLE CRUMBLE</b> Warm with custard.	<b>£4.95</b>
<b>PEACH SUNDAE</b> Layers of peach compote, meringue, mascarpone cream and vanilla ice cream.	<b>£4.95</b>

The two desserts must be purchased at the same time.

## SANDWICH, CIABATTAS AND FLATBREADS

<b>CHICKEN, CHORIZO &amp; BACON CLUB SANDWICH</b> Toasted double-decker sandwich of pan-fried chicken breast, chorizo and smoked streaky bacon.	<b>£7.50</b>	<b>SOUTHERN-FRIED CHICKEN FLATBREAD</b> With BBQ sauce, sour cream, mozzarella and Cheddar.	<b>£5.75</b>
<b>WARM TUNA, MOZZARELLA &amp; CHEDDAR CIABATTA</b>	<b>£5.75</b>	<b>ROASTED VEGETABLE FLATBREAD</b> Roasted peppers, onion and vine tomatoes, with a sour cream & coriander sauce.	<b>£5.75</b>
<b>GRILLED FLAT-IRON STEAK &amp; ONION CIABATTA</b> Topped with BBQ sauce, mozzarella and Cheddar.	<b>£7.95</b>	 <b>ADD CHIPS</b>	<b>£2.95</b>
		 <b>ADD SWEET POTATO FRIES</b>	<b>£3.25</b>