

ORGANIC SIGNATURE FACIALS

Using Neal's Yard Organic Remedies' aromatherapy-infused, highly effective, cutting-edge organic skincare. Every face is unique, and so are the needs of every face, which is why we start every facial with a detailed skin consultation.

These are not your average facials. Not only do we create a bespoke facial treatment using NYR's award-winning organic skincare for longer-lasting, visible results. They are extremely relaxing with all the extras thrown in!

Our luxury 80-minute organic facials are further enhanced with a back massage, and hot and cold basalt stones. You'll feel like you're at a Spa...

Rejuvenating Frankincense Facial

Standard (60 mins)£28

Luxury (80 mins)£43

Our rejuvenating facial uses award-winning anti-aging treatments to intensely nourish, firm and tone the skin, smoothing and reducing the appearance of ageing skin and fine lines. Why not incorporate a scalp massage for £10 extra?

Pure Radiance Wild Rose Facial

Standard (60 mins)£28

Luxury (80 mins)£43

This will leave all skin types feeling intensely nourished and enriched, with a firming massage and Wild Rose Beauty Elixir – infused with repairing rosehip oil and hyaluronic acid, for radiant, smooth skin. Why not incorporate a scalp massage for £10 extra?

Powerberry Boost Facial

(30 mins)£20

Perfect if you're short of time but still want to give your skin a quick boost. This facial delivers a cocktail of vitamins and antioxidants to protect from damage and preserves youthful skin. It's packed with minerals and essential fatty acids to strengthen the skin. Ideal for "city stressed" skin. Why not incorporate a scalp massage for £10 extra?

First Steps Facial

(25 mins)£15

Designed to introduce pre-teens, teens and adults to effective, yet gentle skincare. This facial concentrates on education as well as treatment. Full skincare advice will be discussed to help you reach your skincare goals. Why not incorporate a scalp massage for £10 extra?

BODY TREATMENTS & MASSAGE

Reflexology

(55 mins)£20

A natural healing art based on the principle that there are reflex points in the feet. These areas correspond to every part, gland and organ within the body. Reflexology is commonly used as an alternative to medicine. It involves the practice of massaging or applying pressure to parts of the feet with the goal of rebalancing the body's energy aiming to improve general health and encourage the body's own healing process. Reflexology relieves stress, tension, improves circulation and helps promote the natural function of the related areas of the body. 75% of diseases are stress related... Why not incorporate a scalp massage for £10 extra?

Back, Neck & Shoulder Massage

(40 mins)£20

This is a firm pressure massage using our warm aromatherapy oils. This massage will relieve muscle tension, stimulate circulation, improve muscle tone and promote total mind and body relaxation. Why not incorporate a scalp massage for £10 extra?

Back & Scalp Massage

(40 mins)£20

Our back and scalp massage is the ultimate stress buster. It's ideal for migraine sufferers and those holding a lot of tension in the neck and shoulder area. Using warm aromatherapy oils it relieves muscle tension, stimulates circulation, and promotes total mind and body relaxation using firm pressure.

Full Body Massage

(70 mins)£30

This head to toe massage using warm aromatherapy oils and firm pressure will relieve muscle tension, stimulate circulation, improves muscle tone. Warning, this massage is an extremely relaxing experience! Why not incorporate a scalp massage for £10 extra?

Full Body Hot Stone Massage

(70 mins)£35

Hot basalt stones are used to intensely relax and smooth away stubborn muscular aches and tension. The ultimate head to toe massage treatment that will leave you completely relaxed and walking on air. Warning, this massage is an extremely relaxing experience! Why not incorporate a scalp massage for £10 extra?

Full Body Bamboo Massage

(70 mins)£35

Using warmed bamboo sticks to create a deep, rhythmic massage, particularly beneficial for working deep muscular tissue. Why not incorporate a scalp massage for £10 extra?

Purifying Back Treatment

(55 mins)£25

Ideal for teenagers & adults suffering from congested skin on the back area. Incorporates cleanse, exfoliation, hot towels, massage which helps stimulate the bodies natural removal of waste, and a purifying masque to draw out deep seated dirt from the pores. Incorporate a scalp massage for £10 extra?

Invigorating Frankincense & Mandarin Body Boost Massage

(60 mins)£30

Our uplifting full-body treatment begins with a detoxifying and purifying, aromatherapy-infused Dead Sea salt body scrub, followed by an energising massage for total head-to-toe invigoration.

This treatments will boost skins texture and stimulate the breakdown of fat, it is ideal for dry skin sufferers or prior to a special occasion, holiday or fake tan application. Why not incorporate a scalp massage for £10 extra?

Calming Rose & Geranium Body Harmony Massage

(60 mins)£30

Feel soothed and relaxed with our combination of skin-nurturing exfoliation and tension-releasing massage, infused with balancing aromatherapy oils to leave you feeling soothed and blissfully calmed. This treatment is ideal for dry skin sufferers or prior to a special occasion, holiday or fake tan application. Why not incorporate a scalp massage for £10 extra?

Mummy To Be Massage

(70 mins)£30

This will leave you feeling amazing and very pampered! To begin the feet & legs are massaged, which soothes all the aches away. Then using warm aromatherapy oils (pregnancy safe) to massage the scalp, head, neck, shoulders, arms and hands leaving you feeling totally relaxed and in a world of your own... Why not add Reflexology?

HANDS

File & Polish

(15 mins)£9

Nails filed and painted. Add French £2.

Express Manicure

(30 mins)£15

Includes cuticle work, moisturise, file & polish. Add French £2.

Signature Manicure

(60 mins)£20

Complete treatment for the forearms, hands and nails, which includes exfoliation, hot towels and masque. ** Add French £2.

** Add Minx Vinyl Designs (Half price) £11.50

** Add UV Gel Polish (Half price) - £12.50

Minx Manicure

(60 mins)£23

Dried instantly & chip resistant! Includes cuticle work, file, moisturise & Minx vinyl application.

UV Gel Polish Manicure

(45-60 mins)£25

Using the leaders in Gel nail care

BIO SCULPTURE

Unlike varnish, this Gel is chip resistant, instantly dry, durable, strong and flexible. It won't damage your natural nails but strengthen, condition and protect them while they grow. Lasts 2-4 weeks.

Gel add ons:

Add French£2

Add Nail Art/DiamanteFrom 50p

Add Glitter / Rockstar.....£5

Nail Extension / Repair.....£2

UV Polish Removal Kit£10

Soak off£10

Soak off and mini manicure.....£20

FEET

File & Polish

(15 mins)£9 +

Nails filed and painted. Add French £2.

Express Pedicure

(30 mins)£15 +

Includes cuticle work, moisturise, file & polish. Add French £2.

Signature Pedicure

(60 mins)£25

A true luxurious treat! Experience a complete treatment for the lower legs, feet and nails, which includes, exfoliation, hot towels and masque. ** Add French £2.

**Add Minx Vinyl Designs (Half price)£11.50

** Add UV Gel Polish (Half price)£12.50

* Please bring appropriate open toed footwear if having regular nail varnish.

Minx Pedicure

(60 mins)£23

Dried instantly & chip resistant! Includes cuticle work, file, moisturise & Minx vinyl application.