



Price List

Pilates Classes - 1 Hour long

Class Type	Day	Time	Cost
Over 50s Pilates	Tuesdays	10:30 - 11:30	£7 per class booked in a block of 5
Postnatal Pilates	Tuesdays	09:30 - 10:30	£7 per class booked in a block of 5
Studio Equipment Pilates	Wednesdays	09:30 - 13:30	£15 per class
Beginners Pilates Class	Wednesdays	18:30 - 19:30	£7 per class booked in a block of 5
Beginners Pilates Class	Thursdays	10:30 - 11:30	£7 per class booked in a block of 5

PHONE

WEB

EMAIL

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