

Pricing, Treatment Costs

Sports Therapy/Myofascial Release Treatments

30 Minute Treatment = £35.00

60 Minute Treatment = £50.00

(Minimal time required for an initial consultation & treatment).

90 Minute Treatment = £65.00

Massage Therapy Treatments

Sports Massage

30 Minute Treatment = £30.00

60 Minute Treatment = £45.00

(Minimal time required for an initial consultation & treatment).

90 Minute Treatment = £60.00

Remedial (Deep Tissue) Massage

30 Minute Treatment = £30.00

60 Minute Treatment = £45.00

(Minimal time required for an initial consultation & treatment).

90 Minute Treatment = £60.00

General (Swedish) Massage

30 Minute Treatment = £25.00

60 Minute Treatment = £40.00

(Minimal time required for an initial consultation & treatment).

90 Minute Treatment = £55.00

Additional Treatments

Gait Analysis

Gait Analysis/Biomechanical Assessment = £100.00

Kinesiology Taping

15 Minute Treatment (including Tape) = £12.00

Also Available

Sports Club/Team House treatment sessions can be arranged

Corporate/Sports Event treatment cover can be arranged

Home Visits (in special circumstances) can be arranged

Treatment Gift Certificates