

The Everest Base camp trek itinerary for family.

Day 01: Arrival and transfer to hotel.

Day 02: Kathmandu to Lukla by air and trek to Manjo 2750m/12 km/5hrs.

Day 03: Trek to Namche bazaar 4 hrs/8km/3440 m.

Day 04: Explore Namche Bazar-visit Syangboche and Everest View hotel.

Day 05: Trek to Tengboche 5hrs/3800m/12km.

Day 06: Trek to Dingboche 5hrs/4400m/11 km

Day 07: acclimatize day and explore Chhukung valley

Day 08: Trek to Lobuche 3hrs/4900m

Day 09: Trek to Gorekshep 3hrs and explore Everest Base Camp and overnight at Gorekshep.

Day 10: Morning hike to Kala Patthar 1.5hrs (5545m) back to lodge and trek down to Dhugla/Pheriche.

Day 11: Trek to Tengboche.

Day 11: Trek to Namche Bazar.

Day 12: Trek to Lukla 7hrs/18km.

Day 13: Fly to Kathmandu

Day 14: Final departure

Services include:

- Government Approve, Experienced English Speak Guide
- A Sherpa Porter (one)
- Kathmandu-Lukla-Kathmandu flight tickets with departure tax and 15kg luggage
- Sagarmatha National Park Entry permits.
- TIMS (Trekking Information Management System)
- 13-nights/14-days tea house accommodation while on the trek.
- Full board meals while on the trek (Breakfast/Lunch and Dinner)
- The expenses of Guide and porter including their Insurance, food, salary and equipment.
- All ground transportation as per itinerary.
- Trek accomplishment certificate

Cost Exclude:

- Personal expenses, Hot and cold drinks, alcoholic and non alcoholic drinks

- Wi-Fi internet, Phone/battery charging, Showers,
- Clients personal insurance/medical insurance
- Necessary trekking equipment
- Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- International flights Tickets

The cost of the above mentioned itinerary and services-1099/ USD per person