

iKOOK

FRENCH MENU

STARTERS

Smoked Salmon Canapès
with salmon and cream cheese

Ficelle Picarde
with Crème Fraiche, Mushrooms, Cheese & Ham

MAINS

Duck with Mango Sauce & Salad
with White Wine, Chicken Stock and Brandy

Chicken Dijon
with Crème Fraiche, Crusty Bread and Potatoes

DESSERTS

Macaroons
with Icing Sugar

Crème Caramel Deluxe
with Whipped Cream



IKOOKAPP



IKOOK

[HTTPS://WWW.IKOOK.CO.UK/](https://www.ikook.co.uk/)

INGREDIENT LIST

Starter: Smoked Salmon Canapès

Canapès

Cake Flour, Sugar, Salt, Instant Yeast, Olive Oil, Water, Milk Powder

Toppings

Smoked Salmon, Cream Cheese

Starter: Ficelle Picarde

Crepes

Cake Flour, Eggs, Milk, Butter

Ficelle Picarde

White Button Mushrooms, Portobellini Mushrooms, Salted Butter, Shallots, Crème Fraiche, Dry White Wine, Matured Cheddar, Bayonne Ham

Main: Duck with Mango Sauce & Salad

Duck with Mango Sauce

Duck Breast, Salt & Pepper, Butter, Olive Oil, Mango, Cornflour, Water, Apple Juice, White Wine, Chicken Stock, Brandy

Salad

Rocket, Cherry Tomatoes, Coconut Shavings, Cucumber, Feta

Main: Chicken Dijon

Coriander Seeds, Olive Oil, Chicken Drumsticks, Salt & Pepper, Onion, Garlic, Chicken Broth, Whole-grain Mustard, Crème Fraiche or Sour Cream, Tarragon, Crusty Bread, Carrots, Potatoes

Dessert: Macaroon

Egg white, Caster Sugar, Food Colouring, Icing Sugar, Almond Flour, Vanilla Extract, Butter

Dessert: Crème Caramel Deluxe

Caramel

Sugar

Custard

Milk, Caster Sugar, Cream, Eggs, Caramel, Salt

Garnish

Whipped Cream