

iKOOK

ITALIAN MENU

STARTERS

SPIEDINI MEAT ONION KEBABS & SALAD
with Parmesan, White Onion and Italian Sausage

CAPONATA SAVOURY DIP & CRUSTY BREAD
with Eggplant, Onion, Bell Pepper and Dry White Wine

MAINS

STUFFED CAPRESE CHICKEN BREAST & SUMMER SALAD
with Sundried Tomatoes and Mozzarella Cheese

MEATBALLS & PARMESAN ON SPAGHETTI
with Mixed Herbs, Tomatoes and Onions

DESSERTS

CAMPARI & WHITE CHOCOLATE CANNOLI
with Ricotta Cheese and Orange

TIRAMISU CHEESECAKE
with Espresso Shots and Cream Cheese



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INGREDIENT LIST

Starter: Spiedini Meat Onion Kebabs & Salad

Kebabs

Sirloin/Rump Beef, Olive Oil, Bread Crumbs, Parmesan, White Onion, Yellow Pepper, Italian Sausage, Salt & Pepper

Sauce

Olive Oil, Garlic, Tomatoes, Lemon, Oregano, Salt & Pepper, Onion

Salad

Mixed Spring Green, Red Onion, Cherry Tomatoes, Croutons, Parmesan, Pepperoncini Pepper

Starter: Caponata Savoury Dip & Crusty Bread

Bread

All Purpose Flour, Dry Yeast, Milk Powder, Sugar, Salt, Water, Olive Oil

Caponata Savoury Dip

Eggplant, Red Onion, White Onion, Red Bell Pepper, Yellow Bell Pepper, Celery, Black Pepper, Tomatoes, Green Olives, Raisins, Honey, Parsley, Garlic, Dry White Wine, Salt

Main: Stuffed Caprese Chicken Breast & Summer Salad

Caprese Chicken

Chicken Breasts, Mozzarella, Sun Dried Tomato, Basil, Olive Oil, Salt & Pepper, Balsamic Vinegar

Summer Salad

Mixed Spring Greens, Red Onion, Cherry tomatoes, Croutons, Parmesan, Blueberries

Main: Meatballs & Parmesan on Spaghetti

Meatballs

Beef Mince, Black Pepper, Salt, Tomatoes, Lemon, White Bread, Eggs, Parmesan, Mixed Herbs, Onion

Spaghetti

Eggs, All Purpose Flour, Salt, Olive Oil, Water

Dessert: Campari & white chocolate cannoli

Cannoli

Ricotta Cheese, Powdered Sugar, Cream, Campari, White Chocolate, Orange

Filling

All Purpose Flour, Sugar, Salt, Unsalted Butter, Egg Yolk, Dry White Wine

Dessert: Tiramisu Cheesecake

Finger Biscuits, Espresso Shots, Eggs, Sugar, Cottage Cheese, Cream Cheese, Heavy Cream, Cake Flour, Unsalted Butter